



MedStar Washington Hospital Center

Changing Lives Through Research

MedStar Washington Hospital Center provides care to one of the most socioeconomically diverse areas in the country. Meeting the healthcare needs of this population presents unique challenges that call for innovative solutions.

At the Hospital Center, the MedStar Health Research Institute is addressing public health issues in a way that is giving hope to many. For example:

- High-risk patients hospitalized with uncontrolled diabetes are being engaged in a diabetes self-management program called Diabetes To Go to get them on an effective treatment regimen.
- Individuals diagnosed with the hepatitis C virus who are not receiving care are being identified and navigated to needed medical services—and a possible cure—through the HepC Linkage to Care Navigation program.
- Pregnant women living with HIV will soon benefit from a study that will lead to improved obstetric care for women with the disease.

Most importantly, notes Michelle Magee, MD, who directs the diabetes program at the Hospital Center, "when our research improves our process, that translates to better patient care."

Letter From the President

As the largest healthcare provider in the region, MedStar Washington Hospital Center recognizes the important role we play in advancing health and enhancing lives in the communities we serve. It's an integral part of our mission as a not-for-profit hospital.

So it's my pleasure to share this Report to the Community, offering an overview of the work we've been doing to address the healthcare needs of area residents—particularly the most vulnerable. We are changing lives for the better and are grateful to be able to do so. Thank you.

Sincerely,

John Sullivan President

"Our goal is to treat every individual in our community as a member of our own family—with care and compassion."

Community Services*	\$12,921,310
Health Professions Education	\$28,744,753
Research	\$1,298,658
Charity Care/Bad Debt	\$59,064,137
TOTAL	\$102,028,858

*Includes subsidies, community health improvement services, community building activities, financial contributions, and community benefit operations

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Reaching Out to Improve Health

One of the ways MedStar Washington Hospital Center works to promote better health in the communities we serve is through our Speakers Bureau.

A free, community-based program, it makes Hospital Center physicians and other health professionals available to speak about health-related topics affecting many area residents.

"Many of our speakers—all volunteers who do this on their own time—visit churches, community groups and other types of organizations," explains Khay Bullock Henry, account manager in the Community Relations department, who runs the program at the Hospital Center.

Claudia Morrison, RD, LD, CDE, a diabetes educator at the Hospital Center, is one of those volunteers.

"Going out into the community is very rewarding. Many people have questions about diabetes but are intimidated to ask them in a doctor's office," she says. "So, it's best to meet people in the community where they live and work. In a group, they feel more at ease and comfortable asking questions. Plus, they don't have to worry about things like transportation or insurance. They really appreciate it."

"This outreach is key to helping area residents learn about important heath issues that may affect them," Henry adds. "Through face-to-face efforts like this, we are helping them make positive changes in their lives."

