



A healthy and successful community partnership.

When you think of church, what may come to mind are prayer breakfasts, Bible studies, youth groups, and worship on Sundays. But did you know that churches can also be places that promote and inspire health ministry?

At Clinton Baptist Church, Pastor Colin Pugh believes in not only advocating for spiritual health but also the health of the mind and body. That's why for the past four years, he and his congregation have partnered with MedStar Southern Maryland Hospital Center to build a healthy community partnership—one that puts congregants and the Clinton community on a path to living healthier lives.

"Our mission statement at Clinton Baptist Church is 'we grow, we serve, we love.' Meeting the health needs of the people in our community, right where they are, is one way we demonstrate growth, service, and love. Ministering to and supporting our community is so important, and we are beyond grateful to MedStar Southern Maryland for helping us fulfill our mission," says Pastor Pugh.

"The partnership with Clinton Baptist Church made perfect sense for MedStar Southern Maryland, and further supported our mission to serve our patients, those who care for them, and our communities," explains Jessica Gamero, program coordinator for MedStar Southern Maryland's Community Health department.

Letter from the president.

At MedStar Southern Maryland Hospital Center, "community" can be found in many places. In this report, we highlight a special partnership with Clinton Baptist Church. Our outreach to the people we serve is vitally important, and meeting needs right in the heart of the community is especially gratifying for us. At Clinton Baptist Church, we provided screenings for prostate cancer and blood pressure and resources for overall wellness and diabetes prevention and treatment. It's through this connection, that we touch our neighbors and help them thrive spiritually, emotionally, and physically.

In good health,

Stephen T. Michaels, MD
President,
MedStar Southern Maryland
Hospital Center

"It's always gratifying to work with others who have a heart for the community with the goal of helping people live healthier lives."
 –Lori Werrell, assistant vice president, Care Transformation, MedStar St. Mary's Hospital and MedStar Southern Maryland

The collaboration with MedStar Southern Maryland resulted in a health fair for the church's 200 members, as well as the community. The services, which included health screenings for prostate cancer and blood pressure, took place at the church. Diabetes education and overall health and wellness materials also were provided. More than 100 people participated in the health fair.

"Dr. Chile Ahaghotu, vice president of Medical Affairs for MedStar Southern Maryland, performed all of the prostate screenings," says Gamero. "It was a complete exam, which even included PSA testing. Gratefully, all men who were screened were negative for prostate cancer."



To everyone's great delight, the partnership will continue, and with a new addition—a Diabetes Prevention program. "It's wonderful that we can enhance our relationship with Clinton Baptist Church and Pastor Pugh," says Lori Werrell, assistant vice president, Care Transformation, MedStar St. Mary's Hospital and MedStar Southern Maryland. "It's always gratifying to work with others who have a heart for the community with the goal of helping people live healthier lives."

Board of Directors

John W. Rollins, Jr.
Chair

Rosalind E. Bishop

Deborah Collins

M. Joy Drass, MD

Daniel Hampton, MD

Tammy L. Jones

Stephen T. Michaels, MD

Antonio W. Poag

Clyde Pray, MD

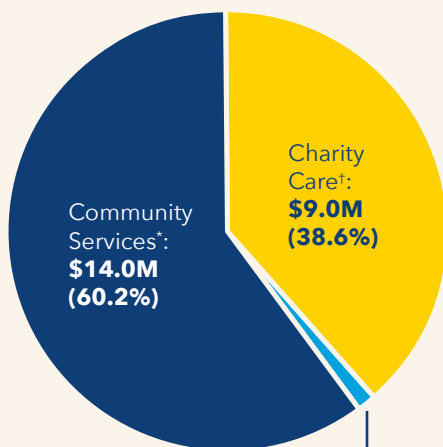
Michael Sachtleben

Kenneth A. Samet, FACHE

William O. Suddath, MD

Kerry Watson, Jr.

Sonya Williams



2022 Community benefit contribution: \$23.3M

*Includes subsidies, community health improvement services, community building activities, financial contributions and community benefit operations
 †Includes Medicaid assessments

Health Professions Education: \$0.3M (1.2%)

To learn more about the community health programs at MedStar Southern Maryland Hospital Center, please visit [MedStarHealth.org/CommunityHealth](https://www.MedStarHealth.org/CommunityHealth)

It's how we treat people.