



MedStar Franklin Square Medical Center

Healthy Babies Collaborative



MedStar Franklin Square Medical Center is a proud partner of the Healthy Babies Collaborative, a team of local organizations with a common interest in promoting positive birth outcomes for mothers and their families in southeast Baltimore County. Our shared vision

is babies born healthy and raised in safe and stable families and communities. With funding from such organizations as the Baltimore County Department of Planning, the Collaborative offers education, resources, and support to families at risk.

Initiatives include home visits with new moms, breastfeeding and behavioral health training for service providers, and a list of local lactation resources. At our weekly Essex Breastfeeding Moms Luncheon, a certified lactation consultant provides information and support, community professionals provide education on group-generated topics like vaccinations, and the library offers a private monthly program to encourage literacy and family interaction. The program has assisted 23 mothers this year to initiate or continue nursing their babies.

For more information, call **443-777-7931**, email us at **healthybabies@medstar.net**, or visit us on Facebook at **Facebook.com/HealthyBabiesCollaborative**

Letter From the President

Dear Friends, Neighbors, and Community Partners:

At MedStar Franklin Square Medical Center, we are dedicated to improving the health of our communities. As a not-for-profit hospital, we are committed to reinvesting our funding to deliver accessible care, education, and wellness services that extend far beyond our hospital walls. I am pleased to share this 2017 Report to the Community, which briefly illustrates our focus on addressing the prevailing health concerns of our community in the years ahead.

Yours in good health,

Samuel E. Moskowitz, FACHE

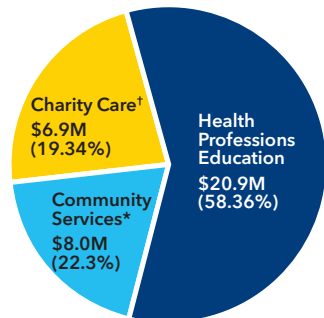
President, MedStar Franklin Square Medical Center
Senior Vice President, MedStar Health



"The Breastfeeding Moms group helped me through a difficult breastfeeding journey with my son."
Lauren T.,
Breastfeeding Moms group participant

"Breastfeeding your baby is the best thing ever!"
Sophie S.,
Breastfeeding Moms group participant

Community Benefit Contribution 2017: \$35.8M



†Includes Medicaid assessments

*Includes subsidies, community health improvement services, community building activities, financial contributions, and community benefit operations

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To learn more about MedStar Health's programs and initiatives across Maryland and the Washington, D.C., region that are contributing to healthier communities, visit MedStarHealth.org/CommunityHealth.

FREE Support Groups

MedStar Franklin Square offers support groups as safe places for people to share experiences and gain insight from others facing similar circumstances. Professional speakers and educational resources are provided to help members and loved ones meet daily health challenges.

Alzheimer's Caregivers

The Alzheimer's Association provides a monthly support group for caregivers and those with Alzheimer's and dementia. For more information, please contact Leanne Simington at **570-847-9801**, or for the Latino group, contact Maria Lopez at **443-904-0422**.

Breastfeeding Moms

The weekly Breastfeeding and New Mothers support group is open to new moms and their babies. Siblings are also welcome! A lactation nurse is present to assist with breastfeeding issues, and lunch is included. To RSVP or for more information, please contact the Lactation Resource Center at **443-777-7427**.

Diabetes

The Diabetes support group offers people living with diabetes, and those who support them, an environment in which to learn new information and meet others living with diabetes. Expert speakers, resources, and lunch are available. For more information, please call **443-777-7900**.

Mental Illness

The National Alliance on Mental Illness (NAMI) offers a peer-led group to family members, caregivers, and loved ones of individuals living with mental illness. Local NAMI representatives, serving Baltimore County and Baltimore City, can be reached at **410-435-2600**. In a crisis? Text the word **NAMI** to **741741** or call **800-950-6264**.

Stroke

The Stroke support group allows individuals who have had a stroke, and their significant others, to gather together for educational programs and social activities. For more information, please call **443-777-7900**.

