



## Occupational Therapy Fieldwork Objectives

- I. **The student will demonstrate knowledge and basic skills in providing the following direct services in rehabilitation care:**
  - a. Determine which individuals would benefit from Occupational Therapy services based on explicit criteria:
    - i. Identify information needed as related to performance, habituation, and volition.
    - ii. Obtain information through:
      1. Written sources
      2. Interview with individuals
      3. Observation of individuals
      4. Discussion with other members of the interdisciplinary team
    - iii. Record data
    - iv. Identify needs for further evaluation
    - v. Report findings verbally and/or in writing to appropriate persons<sup>4</sup>
  - b. Assess individuals with a wide range of physical, psychological, and developmental dysfunction
    - i. Select assessment instruments/plan methodology for data collection in performance, habituation, and volition
    - ii. Administer assessment/collect data for occupational performance through:
      1. Interview
      2. Observation
      3. Testing
    - iii. Record results/scores
    - iv. Compare results/scores to norms
    - v. Interpret and synthesize findings to identify strengths and weaknesses
    - vi. Analyze human performance and behavior in terms of occupational competence
    - vii. Report findings verbally and/or in writing to appropriate persons
  - c. Utilize all available data to establish, in collaboration with the individual and significant others, realistic long and short term goals and methods for implementation of occupational therapy
    - i. Specify treatment areas as indicated by data gained from assessments
    - ii. In consultation with patient and significant others, set long and short term goals



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- iii. Select appropriate treatment techniques based on Occupational Therapy rationale
  - iv. Consider limitations, barriers, contraindications, and precautions for treatment
  - v. Select various appropriate restorative, developmental and/or preventative activities/techniques that facilitate competence
  - vi. Determine sequence of activities to obtain goals in all areas
  - vii. Document and report treatment plans
- d. Implement occupational therapy treatment and document appropriately
- i. Discuss long and short term goals with the patients and significant others
  - ii. Establish relationships which enhance optimal individual performance
  - iii. Guide individual selection of various appropriate activities and techniques
  - iv. Prepare, structure, or adapt materials and environment necessary for selected activity/technique
  - v. Observe medical and safety precautions
  - vi. Elicit the individual's volitional response regarding performance
  - vii. Analyze, summarize, and interpret individual performance
  - viii. Report or record observations of individual performance
  - ix. Discuss performance with patient and significant others
  - x. Orient and instruct family and significant others in activities with support the therapeutic program
  - xi. Collaborate with members of interdisciplinary team on methods to integrate program
- e. Periodically evaluate effectiveness of occupational therapy and communicate appropriate objective and subjective information regarding evaluation, treatment planning, implementation, and re-evaluation with the individual, Team Members, and significant others
- i. Determine need for and scope of re-evaluation
  - ii. Compare results to previous date
  - iii. Describe change based on findings
  - iv. Compare change to stated goals of the treatment program
  - v. Evaluate effectiveness of treatment program
  - vi. Recommend changes in treatment program as indicated

## **II. The student will demonstrate professional behaviors and attitudes**

- a. Participate in the supervisory process in a productive and mature manner
- i. Initiate contact when appropriate
  - ii. Prepare and organize specific concerns prior to supervision sessions
  - iii. Identify problems and accept responsibility for providing alternative solutions
  - iv. Recognize personal strengths and weaknesses



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- v. Accept and process feedback, modify behavior accordingly in response to constructive supervision
  - b. Exhibit professional decorum
    - i. Exhibit an appropriate attitude toward institutional, developmental, and personal standards involving grooming, bearing and manner, professional ethics and etiquette
    - ii. Establish and maintain working relationships with colleagues, nonprofessional staff, patient/client, and their families characterized by mutual respect and cooperative planning and problem solving
    - iii. Assume authority appropriately
    - iv. Discriminate personal needs from the needs of the individuals receiving treatment
  - c. Demonstrate responsibility for own professional growth
    - i. Participate in in-service programs
    - ii. Demonstrate active interest in all areas in occupational therapy in addition to areas that extend beyond occupational therapy practice
    - iii. Begin to participate in professional activities at the national and local level
    - iv. Recognize current research and its impact on Occupational Therapy application
  - d. Demonstrate an awareness and understanding of the role of occupation therapy in total health care
    - i. Interpret occupational therapy to others according to their level of interest and understanding
    - ii. Explain occupational therapy from a theoretical perspective
- III. The student will demonstrate the following skills and understanding of service management:**
  - a. Establish priorities for utilization of time and energy
    - i. Plan daily schedule according to caseload
  - b. Adjust pace to program requirements
  - c. Supervise aides and/or volunteers as appropriate
  - d. Prepare and maintain work setting, equipment, and supplies
  - e. Order supplies and equipment according to established procedures
  - f. Ensure safety and maintenance of program areas and equipment
  - g. Follow hospital and service policy and procedure