



MedStar Franklin Square
Medical Center

Fall 2017, Issue #1

A Newsletter from the Department
of Family Medicine

Family Medicine Insight

WELCOME FAMILY MEDICINE CLASS 2020



Mariam Antonios, DO



Chelsea Backer, DO



Annie Bailey, MD



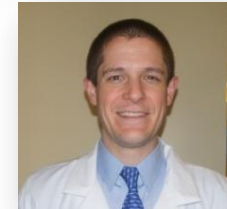
Sadhika Jamisetti, MD



Allen Jian, MD



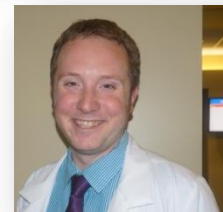
Samantha Kurzrok, MD



Bob Litchfield, MD



Priya Raghavan, MD



Joseph Brodine, MD
FM/Prev Med/Class of 2021

CONGRATULATIONS TO THE FAMILY MEDICINE CLASS 2017



"At the end of a long and challenging journey in which every possible emotion was experienced, there are only two words left. May all family members, friends, teachers, attendings, medical assistants, secretaries, students, and patients know that these words convey our utmost and sincere appreciation and gratitude for the opportunity to achieve our dreams and make this world a better place.

With much love, respect, self awareness of our strengths and weaknesses, and deep reflection of the roles we play in this life and beyond, THANK YOU."

Class of 2017 Department of Family Medicine

On Friday, June 16, the MedStar Franklin Square FM Residency family gathered to celebrate the class of 2017. We wish our talented graduates luck as they become leaders in Family Medicine.

See where they are headed:

Richard Alden Bruno, MD, MPH (Prev Med), Baltimore Medical Systems

Nikhil Gunvantrai Desai, DO, MS, Healthpoint Community Health Ctr

Ashley Kay Dunn-Kerr, DO, MedExpress Urgent Care

Max Thaddeus Dutkin, MD, Kaiser Permanente

Tamkeen Muneera Farooq, DO, Plans Pending

Ypapanti Meris, MD, Family Medicine Outpatient, Mercy Health-Howland Primary Care, Campbell, OH

Ekenesenarienrien Cynthia Omokaro, MD, MPH, LOCUMs

Melanie Powell, MD, MPH, Patient Safety/QI Fellowship

Patrick Reid Smith, MD, Kaiser Permanente

Congratulations to the 2017 Family Medicine Awards Recipients

Faculty Excellence Award: Sallie Rixey, MD, MEd.

Faculty Teaching Award: Joyce E. King, MD

Outstanding Resident Teacher Award: Ashley Dunn-Kerr, DO

Pediatric Teaching Award: Harsha Bhagtani, MD

Reichel Award for Geriatrics: Nikhil Desai, DO

Reichel Award for Outstanding Teaching: P. Jeffrey Ferris, MD

Scholarship Award: Richard Bruno, MD, MPH

Advocacy Award: Richard Bruno, MD, MPH

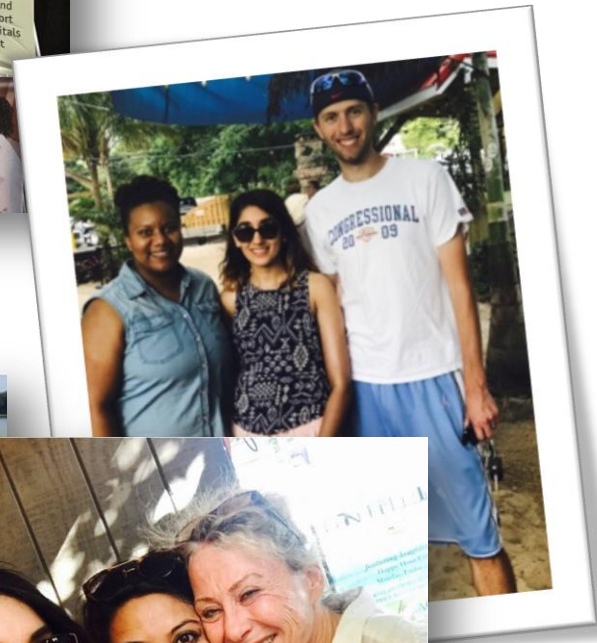
Lee Rome Memorial Award: Ypapanti Meris, MD

The d'Artagnan Award: Ekenesenarienrien Cynthia Omokaro, MD, MPH

RESIDENT NEWS...CONFERENCES AND RETREATS



Family Medicine at the AAFP National Conference in Kansas City, July 2017



Our new Family Medicine interns kicked off the first day of summer in a meaningful way at their resident retreat on June 21.

The group spent the afternoon at Hammerman Beach at Gunpowder State Park.



RESIDENT NEWS... FORUMS AND AWARDS

Department of Family Medicine 12th Annual Scholar's Forum
June 1, 2017

Congratulations to our presenters and faculty advisers.

Nikhil Desai, DO

"Osteopathic Manipulative Treatment in Primary Care"

Ashley Dunn-Kerr, DO

"Quality Improvement: Integration of Simulation into Residency Training"

Max Dutkin, MD

"A Quick Intervention to Address Resident Burnout"

Tamkeen Farooq, DO

"An Exploration of Staff-wellness, Clinic Dynamics, and Perceptions for Improvement: Thematic Analysis in a Quality Improvement Project"

Ypapanti Meris, MD & Melanie Powell, MD, MPH

"Pilot Study: Does a Dedicated Hospital Discharge Clinic Improve Readmission Rates?"

E. Cynthia Omokaro, MD, MPH

"Trauma Informed Care in Family Practice Setting"

Patrick R. Smith, MD

"Patient Flow in an Academic Family Medicine Practice"



Congratulations to the following residents on their Department of Pediatrics Awards presented by Dr. Scott Krugman:

Farrah Siddiqui, MD
Special Achievement Award

Melanie Connah, MD
Thomas Holcomb Award



FAMILY HEALTH CENTER COMMUNITY PARTNERSHIPS

Focus on Healthy Patients.

Healthy Staff.

Teamwork.

Improved Patient Outcomes.



VISION

To provide outstanding, comprehensive, safe and timely primary care services to our community.

MISSION

To bring the compassion and commitment of MedStar to provide quality patient centered health care through team work, coordinated care, and the timely delivery of meaningful services to our patients while training doctors to build healthy communities.

Creating Sustainable System Changes for Hypertension

Medstar Family Health Center and the Baltimore County Department of Health Community Nursing Program have formed a partnership to improve hypertension control, increase awareness of undiagnosed hypertension and develop systems to support self-management.

We enrolled our first patient in October 2016 and since then we've enrolled 85 patients. We have seen a 45% improvement in blood pressure, including 20% weight reduction and our patient's subjectively report benefits from participation. Congratulations to our providers, medical assistants, team secretaries, and the care coordination team for their efforts.

THE DEPARTMENT OF FAMILY MEDICINE WELCOMES BRITT GAYLE, MD



Dr. Britt Gayle will be joining the Department of Family Medicine Faculty in September. Dr. Gayle was a family medicine doctor in McKeesport, Pennsylvania. He received his medical degree from Emory University School of Medicine.

A GENTLEMAN AND A SCHOLAR

Happy Birthday to Dr. William Reichel (pictured here with faculty, Dr. Michael Niehoff), who celebrated his 80th birthday on May 21 with family, friends and family medicine faculty and alumni.

Dr. Reichel is the founding Chairman of the Department of Family Medicine and Residency Director at MedStar Franklin Square Medical Center from 1972-1988. Thank you Dr. Reichel for your longstanding vision for the department of family medicine and residency program and for your tireless support of our team.

Click on the link for Family Medicine's Tribute to Dr. Reichel:

<https://www.medstarhealth.org/education/affiliated-hospitals-2/medstar-franklin-square-medical-center/family-medicine-residency-program/dr-reichel-tribute>



Dr. Sallie Rixey was presented with the YMCA of Central Maryland's Outstanding Community Outreach and Engagement Award.

Dr. Rixey serves on the Association Board of the YMCA and was recognized for her efforts in advocating for community health including creating partnerships to connect residents to B'More for Healthy Babies at Druid Hill Y and being a resource for Head Start to contribute to healthy living strategies for families.

This is a great acknowledgment for Dr. Rixey's passionate advocacy for all of us to engage in and strengthen partnerships in our community! Thank you Dr. Rixey.

Thank You Dr. Rixey . . .

Wishing you much joy and happiness as you begin a new chapter in your life . . .

The faculty, residents and staff in the Department of Family Medicine

Dr. Rixey has been one of the most influential doctors (people!) in my life - she is one of the main reasons I chose family medicine, and has been a huge inspiration. I hope in my practice I can bring half as much energy, joy, teaching skill, and dedication to patients as she exemplifies every day!

Melanie Connah, MD

You are the reason I came to this program. Your energy and positivity made me realize I could do great things.

Julian Barkan DO, MPH

A true inspiration, her zeal for learning is infectious, whether it be CBT, books on tape or hip hop dance, her curiosity makes me want to be just as curious. This program is truly losing a great teacher and coach, there will definitely be a void in my heart that can never be replaced once she is gone!

Suchi Nagaraj, MD

"Who's your mentor?" Dr Rixey is such an inspiration for being an advocate for our patients and seeing the forest instead of the trees. She has a tough love with valuable lessons! Her enthusiasm and passion is unparalleled! I think of her often and what she would do. While she's not always physically there in my room, there's always a piece of her with me with every patient I see and every health need scenario I stumble upon. I strive to be the kind of family doctor she is, and will continue to work hard to make a difference and make her proud.

Dr. Rixey is a tour de force in the world of Family Medicine.

Singlehandedly she resurrected the Franklin Square program from the dead and brought it to national prominence again. Her efforts to improve the health and well being of patients and residents will never be forgotten as she has been a tireless advocate for decades. She will be missed.

Scott Krugman, MD

Sallie's is a story of love, dedication, passion, commitment and self empowerment to improve everything around her. This is true both in her personal and professional life. Those who have the privilege to know her know that she will never stop caring and enriching this world as legacy lives through generations of physicians. We cannot wait to hear about your new adventures! Thank you for making this a better world for all of us.

Sallie, you exemplify joy in learning. I learn something new every time we speak! Thank you for bringing joy into my life.

Your grandbaby awaits many visits...Kathy Stolarz, DO

*With curls bouncing off her head
Glasses up high or on her nose
She taught us how to really be a doctor
And have crucial conversations with potential foes.*

Decades of seeing patients and making doctors from scratch

If you ever saw Rixey in action

Then you saw a family doctor, natch.

Her visions have no bounds

Her team has no I.

She taught us to think in a fishbone

And that community ends at the Y.

Empathetic, sympathetic, enthusiastic and smart

She trained in Kansas and made her mark all over

A true doctor with a big ol' heart.

We pay for what we value

I learnt that from her

So turn cartwheels at the intern party

While shouting "Who's your doctor?"

You better know your patients' education level

and their BMI

If you didn't counsel to "eat the rainbow"

You're going to get a big eyed, "Why?"

Here's the story we're telling ourselves

Her improve our world efforts we hope to emulate

If we can do half of what she has done

FHC will be doing pretty dang great.

Nancy Barr, MD

Sallie Rixey: strong & wise, bold & brilliant, and the fiercest woman I have ever known.

Claudia Harding, LCSW-C, BCD

I can't thank you enough for all you have done for me. You have been a great mentor and friend and I will miss having you here. You have had a tremendous impact on the lives of so many people and I am fortunate to be one of them. It won't be the same without you here. Enjoy retirement and the adventures ahead of you.

Michael Dwyer, MD

Sallie you are the North Star in that you provide constant direction and don't follow the trends or the crowds, it is refreshing. It is evident that you choose the path that is right and not just the path that is easy. Very hard to do. Love you to pieces!

Uchenna Emeche, MD

I hope I am like you when I grow up.

Anna W. Reed, MD, FAAP

Sallie's voice will stay strong and clear in all of our minds and hearts for decades to come. There is no stronger, truer voice for Family Medicine, for our patients, for our students and residents, and for our community. I learned from her and continue to be inspired by her. I'm a better person, doctor, teacher, and leader by having known and loved Sallie!

Melly Goodell, MD

You are both Ms. Frizzle and the Magic School Bus combined. Everything with you is an adventure. You have supported me, taught me, and inspired me in so many ways. I will miss you but know that our paths will continue to cross both in Bmore and in NYC. Love you loads.

Lauren Gordon, MD, FAAFP

It has been a privilege to be at work with Sallie for the last 3 years. Her presence has pushed me to be my better self - to look harder to take the best care of my patients and our community in a complex world and still make it home to take in the joy of my sons' hugs and long phone calls with my parents. I know that on hard days I'll continue to try to channel my inner Sallie. Looking forward to what comes next for a great mentor and friend.

Martha Johnson, MD

The first time I met Sally, her passion and energy could have been overwhelming, if it weren't so genuine and exciting! I knew she was someone I MUST work with and learn from. Sally has that gift to energize and excite all those she works with and teaches and inspires them to act not just as doctors to their individual patients, but to also fight for equal opportunities for health in all of our communities. I feel so lucky that I worked alongside Sally, and I know that my career in medicine and teaching will always be influenced by the passion and energy that Sally so selflessly shared with all of us.

Tobie-Lynn Smith, MD

Sallie is an outstanding and tireless advocate for Family Medicine carrying the torch of learning from the University of Maryland to MedStar Franklin Square Medical Center. She has been a great teacher, physician, daughter, wife, and mother. It has been my pleasure to be her colleague and friend.

J. Michael Niehoff, MD

FAMILY MEDICINE & GLOBAL HEALTH INITIATIVES

A group of MedStar Franklin Square providers recently spent a week in Copan Ruinas Honduras treating patients in local villages and at an orphanage. They cared for over 600 patients and provided free medicines thanks to the generosity of the pharmacy. Join us in thanking this amazing group for their efforts in Honduras.

The group included Dr. Scott Krugman, Pediatrics; Dr. David Farnie, Emergency Medicine; Angela Long, CRNP Psychiatry; and Michael Ricuarte, a tech in the Pediatric Emergency Department. Additionally, Ryan Merson, PA from MedStar Good Samaritan Hospital and former ER nurse Maggie Liming joined the group.



OUR MEDICAL STUDENTS . . .YEAR ONE IS IN THE BOOKS!

Family Medicine bids farewell to Georgetown LIC students. Students spent six months of their third year of medical school at MedStar Franklin as part of a longitudinal integrated curriculum that satisfies the students' clinical rotation requirements in an innovative, patient-centered way. Unlike traditional blocks, on any given day the students experienced multiple specialties, and each week had experiences in OB-GYN, pediatrics, family medicine, and internal medicine.

Thank you students for your hard work and contributions to the department of family medicine.



SPORTS MEDICINE...IN THE COMMUNITY



Georgetown University School of Medicine students spent the afternoon with Dr. Kelly Ryan and MedStar Sports Medicine at the Senior PGA Tour learning about golf injuries and providing first aid to guests.



MedStar Sports Medicine participates in the River Valley Run Trail Festival, August 19, 2017. Kudos to our team at MedStar!



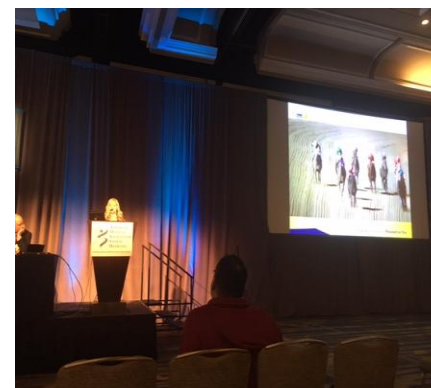
Musculoskeletal exam teaching and trampoline park



Beyond the basics football camp ...
A Musculoskeletal rotation



MDAFP Conference
College Park
June 2017



American Medical Society
for Sports Medicine
Conference (AMSSM)
San Diego
May 2017



Preakness 2017

AROUND THE FAMILY HEALTH CENTER



On May 31, the Family Health Center and Department of Family Medicine hosted an open house to celebrate moving into 15,000 square feet in Suite 300 of the Medical Arts Building on Franklin Square Drive. More than 90 associates processed 40+ years of history in the old space and, in just three days, prepared the suite to provide services to over 30,000 patient visits per year in our patient centered medical home.



The Department of Family Medicine counted down for the “Great American Total Solar Eclipse on August 21,” the first coast-to-coast total solar eclipse since 1918. Here, in Baltimore, the celestial event started at 1:18 p.m., reached its peak at 2:42 p.m., and ended at 4:01 p.m.

To Contact the Department of Family Medicine

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