



MedStar Health

**Welcome
to the
Brain Injury
and Neurology
Program**

MedStar Good Samaritan Hospital
Inpatient Rehabilitation Center
in partnership with
MedStar National Rehabilitation Network

**It's how we
treat people.**

Brain Injury and Neurology Rehabilitation Program

The Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) team at MedStar Good Samaritan Hospital cares for individuals suffering disability following brain injury. The program also helps those with neurological conditions, such as multiple sclerosis acute flareup, Parkinsonism, polyneuropathy, and Guillain-Barre' syndrome. We have specialized staff, including physical medicine and rehabilitation physicians and psychologists, rehabilitation nurses, physical and occupational therapists, speech-language pathologists, social workers, and nurse case managers. The team is able to provide intensive rehabilitation and medical management, as well as guidance through the continuum of care, for patients with mild to moderate cognitive dysfunction.

This program is particularly well-suited for individuals who*:

- Need help with mobility and balance.
- Need help with activities of daily living.
- Need help with memory and thinking problems.
- Need help with swallowing and communication problems.
- Are able to follow directions and have the ability to learn and improve.

* These criteria roughly correspond to Level VI of the Rancho Los Amigos Scale.

Patients should generally be medically stable and able to participate in three hours of combined physical therapy with occupational therapy and or speech-language treatment five days a week or 15 hours over a seven-day period. They also should be able to meet their inpatient rehabilitation program goals in a reasonable time frame and have a viable discharge plan. Patients without significant agitation or other severe behavioral problems following brain injury are appropriate for CIIRP at MedStar Good Samaritan Hospital.

Our clinical staff works together as an interdisciplinary team to design a personalized rehabilitation program for each patient. The team helps patients attain their highest level of functioning and independence.

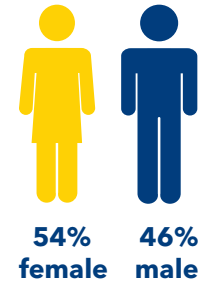
What is a typical day like?

- You will be busy.
- You will receive a daily schedule.
- You will be out of bed and involved in therapy, meals, and other activities as much as possible every day.
- During the fiscal year, which ended June 30, 2021, patients in the program received an average of 3.7 hours of therapy (physical therapy, occupational therapy, speech therapy) a day for a minimum of 5 days per week.
- Most patients participate in individual therapy with occasional group interaction.

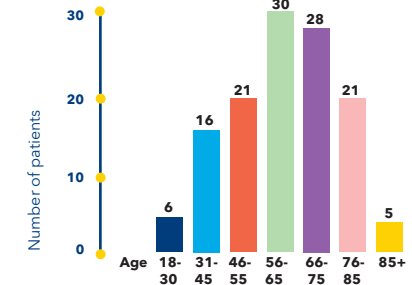
A year in review

We cared for 127 patients with brain injuries or neurological disorders during the fiscal year, which ended June 30, 2021. What did our patients look like?

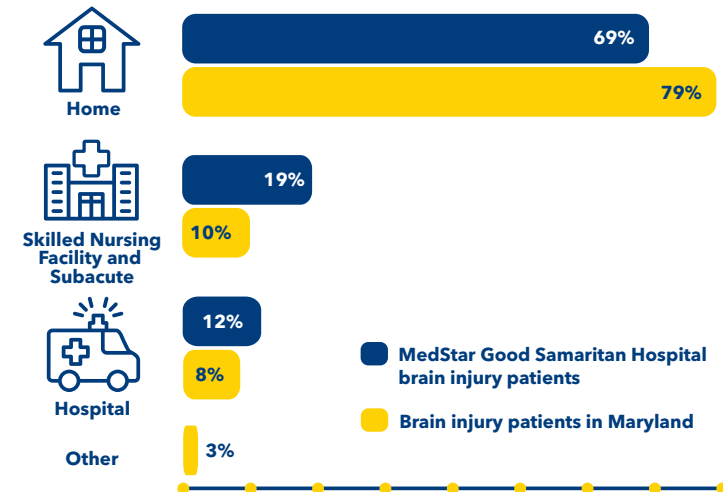
Patient gender



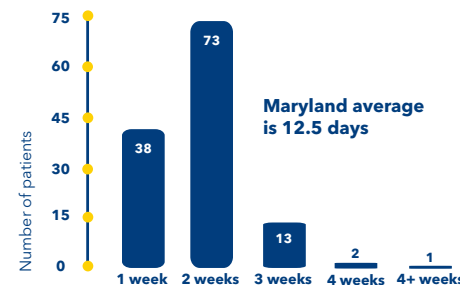
Age range



Where do our patients go after MedStar Good Samaritan Hospital?



How long did patients stay at MedStar Good Samaritan Hospital?

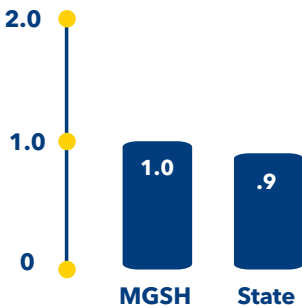


How effective is our brain injury and neurology program?

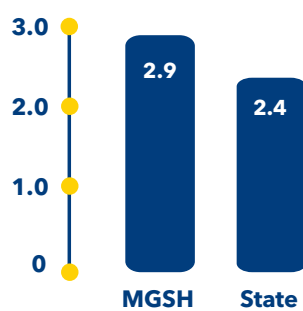
Gains are made by patients across all areas of daily activities including the ability to perform self-care and mobility tasks such as bathing, dressing, using the bathroom, getting in and out of bed, and moving around in one's home and community.

Gains are measured with a standardized rehabilitation tool called Quality Indicators (QI) on a scale of 1 (Dependent) to 6 (Independent).

Gains in self-care per day



Gains in mobility per day



How satisfied were patients?

Satisfaction with MedStar Good Samaritan Hospital three months after discharge (1=Very dissatisfied, 4=Very satisfied)



3.8/4.0
MedStar Good Samaritan Hospital



3.6/4.0
National average

What if I have more questions?

Talk to your doctor, nurse, therapist, or any other team member if you have questions, concerns, comments, or feedback. Your team is available to help you. You have a right to ask questions about your care.

For more information:

- Call the admissions office at **443-444-4701**.
- Take our virtual tour at **MedStarHealth.org/InpatientRehab**.



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