



### What is D.C. Safe Babies Safe Moms?

Starting with prenatal care (before pregnancy), through delivery and pediatric services, to mental health support and beyond, our goal is to make it easier for you to get all the care you need.

D.C. Safe Babies Safe Moms provides the highest quality medical care with additional services as part of taking care of the whole you: your physical, emotional, and social well-being so you can feel cared for and safe.

### Who are D.C. Safe Babies Safe Moms providers?

- Women's and Infants' Services, MedStar Washington Hospital Center  
**202-877-7101**
- Family Medicine, MedStar Georgetown University Hospital  
**301-699-7700**
- Community Pediatrics, MedStar Georgetown University Hospital  
**202-444-8888**
- Child and Adolescent Psychiatry, MedStar Georgetown University Hospital  
**202-944-5400**
- Community of Hope Administrative Offices:  
**202.407.7747**  
24-Hour Nurse Advice Line:  
**202.540.9857**
- Mamatoto Village  
Main: **202-248-3434**  
Intake: **202-248-2877**

Other questions? Contact the team at **SBSM@MedStar.net**

## Welcome to D.C. Safe Babies Safe Moms.

We are here to help improve the health and well-being of mothers and babies in Washington D.C.



It's how we  
treat people.

Our providers are here to help you achieve better health. The team will help you and your family:

- Feel secure and stable as new parents
- Take care of your whole self, including your physical, emotional, and social well-being
- Understand the health and social service system
- Connect to healthcare and social services, such as food access, transportation, and housing
- Ensure communication with your doctors is the best it can be
- Understand health information and medical advice

We want to partner with you to help you and your family get the best possible care.



Our team is here to support your life, beyond just providing medical care.

Our goal is to make it easier for you to get all the care you need.



### What can I expect?

We know that the health and wellbeing of you and your family go beyond the visit with your doctor. Each family has different needs, and our services are tailored to support you.

The team of providers work together to offer you many services and support, including:

- Prenatal care
- Breast feeding support
- Postpartum care
- Health screenings for mom and baby
- Nutrition information
- Community support services (e.g. food access, transportation, and housing)

### Who is eligible?

We are here to help parents and their children in D.C., both before pregnancy and until your child is three years old.



### How do I get connected with a provider?

Led by MedStar Health, D.C. Safe Babies Safe Moms is a partnership with multiple community providers.

You can find the provider contact list on the back of this brochure.

Visit [MedStarHealth.org/SBSM](https://www.MedStarHealth.org/SBSM) to learn more