

JESSICA AILANI, M.D. FAHS

LICENSURE

Medicine and Surgery, Washington DC

Medicine and Surgery, Virginia

CERTIFICATION

Neurology, American Board of Psychiatry and Neurology, Issued 11/08

Headache, United Council of Neurological Subspecialties, Issued 11/10

EDUCATION

Johns Hopkins University, Baltimore, MD

December 1999

SUNY Stony Brook School of Medicine, Stony Brook, NY

Doctorate of Medicine, May 2004

Winthrop University Hospital, Mineola, NY

Preliminary Intern, Medicine, July 2004- June 2005

New York University Langone Medical Center, New York, NY

Resident, Neurology July 2005- June 2008

Chief Resident Neurology, 2007-2008

Thomas Jefferson University, Philadelphia, PA

Fellow, Headache Medicine, July 2008-June 2009

WORK EXPERIENCE

Georgetown University Hospital, Washington, DC

Associate Professor Neurology, Department of Neurology August 2009-Present

Director, Georgetown Headache Center, August 2010- Present

HONORS/ AWARDS

American Headache Society Scottsdale Headache Symposium Scholarship

September 2008

Awarded a scholarship to attend the annual Scottsdale Headache Symposium, and to present research proposal titled "A comparison of Intravenous DHE and Intravenous Lidocaine in the treatment of Chronic Migraine and New Daily Persistent Headache."

American Headache Society/Merck US Human Health Headache Specialty

Fellowship Award

June 2008

Awarded fifty thousand dollar scholarship to study headache medicine for one year at Thomas Jefferson University.

PROFESSIONAL SOCIETIES

American Headache Society

2007-Present

Fellowship status granted 2013

Membership Committee: Assist in review of membership applications to society (2014- present)

Member of the Peripheral Nerve Block and Interventions in Headache Section: I am the Principle Investigator for a multi-site prospective study creating a data base registry about nerve blocks used for patients with headache. Currently in

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publication phase. Lead on a project creating a glossary of headache procedures for patients.

Guidelines Committee: Assisting on updating guidelines for acute treatment in migraine. (2011)

Choosing Wisely Campaign: Assisting in forming a list of five tests or treatments that should be considered carefully before performing/ordering on headache patients. (2012-2013)

Ad-hoc committee on Conflicts of Interest (2013 to present)

American Academy of Neurology 2005-Present

PUBLIC SERVICE

Editorial Board

Frontiers in Headache Medicine 2010-Present

Current Pain and Headache Reports, Unusual Headache Syndromes 2013-Present
Section Editor

Review of articles pre-publication per request of Editor

Cephalalgia 2012- current

Headache 2010-current

Pain Medicine 2013-current

SCHOLARSHIP AND RESEARCH

PUBLICATIONS

Peer reviewed Journals

1. The Role of Nerve Blocks and Botulinum Toxin Injections in the Management of Cluster Headaches. Ailani J., Young WB. *Current Pain and Headache Reports*. 2009;13:164-167.
2. Chronic Tension Type Headache. Ailani J. *Current Pain and Headache Reports*. 2009;13(6):479-83
3. Tension-type headache and women: do sex hormones influence tension-type headache? Ailani J. *Current Pain Headache Reports*. 2010;14(6):436-40.
4. Expert consensus recommendations for the performance of peripheral nerve blocks for headaches--a narrative review. Blumenfeld A, Ashkenazi A, Napchan U, Bender SD, Klein BC, Berliner R, Ailani J, Schim J, Friedman DI, Charleston L 4th, Young WB, Robertson CE, Dodick DW, Silberstein SD, Robbins MS. *Headache*. 2013;53(3):437-46.
5. Choosing Wisely in Headache Medicine: the American Headache Society's list of five things physicians and patients should question. Loder E, Weizenbaum E, Frishberg B, Silberstein S; American Headache Society Choosing Wisely Task Force. *Headache*. 2013;53(10):1651-9.
6. Migraine and Patent Foramen Ovale. Ailani J. *Curr Neurol Neurosci Rep*. 2014;14(2)426-4.

Publications in other Journals

1. Migraine. Ailani, J. Medlink. August 2010.
https://www.medlink.com/web_content/index/MLT0006V.asp
2. Greater Occipital Nerve Blocks and Cluster Headache. Ailani, J. *The Pain Practitioner*. 2009;19:66-68.

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3. Tips for Migraine Control. *Neurology Reviews*. 2009.
http://www.neurologyreviews.com/Patientips/NR_JAN10_Tips.pdf
4. Neurosarcoidosis in a patient with AIDS. Ailani J, Graber J, Fagan I, Hansom MR, Staudinger R. *The Aids Reader*. 2009;November 17.
<http://www.theaidsreader.com/display/article/1145619/1488119>

Book/Book Chapters

1. Epidemiology, Progression, Prognosis, and Comorbidity of Trigeminal Autonomic Cephalgias. Robbins MS, Ailani J. *Headache (Neurology in Practice)*. Chapter 15. 2013.

Abstracts

1. The Emergence of Headache as a Sub-specialty in American Medicine; the Influence of Therapeutics in the Creation of a Field. Jessica Ailani, Katherine Henry, Hamada Hamid. *Headache*. 2008;48(s1):54. Presented at the American Headache Society Scientific meeting, June 2008.
2. Chronic Daily Headache. Jessica Ailani, Stephen D. Silberstein. *Cephalalgia*. 2009;29(s1):81. Presented at the International Headache Society meeting, September, 2009.
3. The role of glial cell modulators in chronic migraine and new daily persistent headache. Joshua Mendelson, Jessica Ailani, Stephen D. Silberstein. *Cephalalgia*. 2009;29(s1):141. Presented at the International Headache Society meeting, September, 2009.
4. Migraine Headache Triggered by Hyperinsulinemic Hypoglycemia with Nesidioblastosis. Carrie Dougherty, Michael Khoury, Jessica Ailani. *Headache* 2011;51(s1):57. Presented at the American Headache Society Scientific meeting, June 2011.
5. The Effect of Onabotulinum Toxin A on Chronic Post-Traumatic Headaches Refractory to Standard Preventative Therapy. Carrie Dougherty, Jessica Ailani. Presented at the American Academy of Neurology 2012, and the American Headache Society Scientific meeting, June 2012.
6. Magnesium Oxide in the Preventative treatment of Migraine Headaches in Pregnancy. Carrie Dougherty, Jessica Ailani. Presented at the American Headache Society Scientific meeting, June 2012.
7. Peripheral Nerve Blockade for Headache in Clinical Practice. Jessica Ailani, Matthew Robbins, Andrew Blumendfeld. Oral Platform Presentation at the American Headache Society Scientific meeting, June 2014.