

# Physician Referral

## Outpatient Cardiac Rehabilitation

Cardiac rehabilitation is a clinically based exercise and risk factor management program involving medical supervision that improves both the physiological and psychosocial state of cardiac patients. Medicare covers 80 percent of this outpatient service.

### Excellent candidates

- |   |   |
|---|---|
| <input type="checkbox"/> Status post-MI within 12 months      | <input type="checkbox"/> PTCA/stent       |
| <input type="checkbox"/> S/P CABG surgery                     | <input type="checkbox"/> Stable angina    |
| <input type="checkbox"/> S/P valve replacement or repair      | <input type="checkbox"/> Heart transplant |
| <input type="checkbox"/> Other, per physician recommendation: |   |

My patient was seen in the office on \_\_\_/\_\_\_/\_\_\_ and cardiac rehabilitation was recommended at that time. Please contact this patient for enrollment in your cardiac rehabilitation program.

Patient name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Patient telephone number: \_\_\_\_\_

Physician name: \_\_\_\_\_

Telephone number: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Standing order:** In case of chest pain, administer one 0.4 milligram sublingual nitroglycerin every five minutes, up to three tablets, and oxygen as needed.

### Physician clearance to recommend patient to exercise in an outpatient cardiac rehab program without completing an ETT.

- This patient has had an ETT or is scheduled for one and may start cardiac rehabilitation.
- I consent to waive an ETT for this patient prior to starting cardiac rehabilitation for medical reasons.

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