Healthcare Services in the Comfort of Home

Serving the Maryland, D.C., and Northern Virginia region, MedStar Visiting Nurse Association provides in-home healthcare and rehabilitation services for patients recently discharged from the hospital and those who are disabled or living with a chronic condition.

Skilled Nursing
MedStar VNA nurses review doctors’ orders and assess patients’ needs to create a personalized plan of care. Nursing services include:

- Medication management
- Self-care education
- Symptom control and management
- Vital sign monitoring
- IV therapy and nutrition support
- Activities of daily living support
- Wound, ostomy, and continence care

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Rehabilitation
Therapists help people improve their ability to live safely at home and regain independence. Rehabilitation services include:

- Physical therapy
- Occupational therapy
- Speech and language pathology

Specialty Programs
- Medical Social Work
- Fall prevention
- Tele-monitoring
- Mental health
- Pain management