

Naheed Ahmed, PhD, MPH, MA

Naheed Ahmed, PhD, MPH, MA is a Research Scientist in the Center for Health Equity Research in the Healthcare Delivery Research Network at MedStar Health Research Institute.

Dr. Ahmed's research centers on understanding and addressing health inequities among marginalized populations. Her early work focused on strengthening health systems in low- and middle-income countries through digital health interventions to improve the quality of care. These projects leveraged mobile phones, laptops, and online resources to disseminate current health information to providers, ranging from doctors and nurses to community health workers. More recently her research has expanded to examine health disparities among minority racial/ethnic and religious groups. She studies mental health, chronic diseases, and comorbid disorders, specifically how discrimination shapes these adverse outcomes among stigmatized populations.

Dr. Ahmed's research has been published in peer-reviewed journals, including *Assessment*, *Vaccine*, and *BMJ Sexual and Reproductive Health*. She earned her MPH in global infectious disease and MA in applied bio-cultural medical anthropology from the University of South Florida. She has a PhD in family science from the University of Maryland School of Public Health.

Research Interests

Dr. Ahmed's research interests include:

- Minority health disparities
- Mental health
- Chronic diseases
- Discrimination
- Stigma
- Digital health

[View Dr. Ahmed's publications on PubMed.](#)