

# PATIENT PORTAL ACCESS FOR PATIENTS UNDER 18

Welcome to **myMedStar**, a free, secure online portal where you can manage your health information and appointments, send secure messages to your MedStar Health team, renew prescriptions, and more.

myMedStar is available to all patients age 18 and over. In addition, patients under 18 may be granted access to the portal if they meet one of the following requirements:

## **Parental / Guardian Approval**

Patients who are at least 13 years old and under 18 may have access to myMedStar with parental/guardian approval. In granting access, parents or guardians must acknowledge that patients will have full access to their medical information via the portal. The parent or guardian must apply in person at a MedStar Health facility, complete the *myMedStar Patient Portal Access Authorization Form for Patients Under 18*, and may be required to show proof of their parental or guardian status.

## **Emancipated Minor Status**

Emancipated minors are individuals under age 18 who are no longer legally under the care or control of their parents or legal guardians, and are responsible for their own care. The patient must apply in person at a MedStar Health facility, complete the

*myMedStar Patient Portal Access Authorization Form for Patients Under 18*, and provide documentation of emancipation status. Emancipation can be established by showing a court order, or other legal document, which can vary based on the state of residence.

Parents or guardians who wish to access the accounts of patients under 18 should ask a MedStar team member about proxy access.

### **The following information is available in the myMedStar patient portal:**

- Problem list
- Radiology, pathology, and laboratory test results
- Allergies
- Immunizations
- Medications
- Procedures
- Family and social history, including drug/alcohol use
- Consultation reports
- Visit and discharge summaries

