MedStar NRH Spinal Cord Injury Day Treatment Program

Admission Criteria

A. Must have potential to benefit from further training in at least the first 2 items, and may also need items 3-6 below:

1. Occupational Therapy needs such as:
   • Self-care skills (dressing, bathing, etc.)
   • Home management skills
   • Functional upper-extremity training
   • Adaptive equipment/DME training

2. Physical Therapy needs such as:
   • Ambulation
   • Transfers
   • Wheelchair propulsion
   • Independence with functional activities

3. Health management
4. Community reintegration
5. Vocational reintegration
6. Psychosocial adjustment

B. Is medically stable.

C. Has reliable transportation to allow participation in the Day Program 3 or more days per week.

D. If the patient has a primary care physician (PCP), the physician will agree to work with the assigned MedStar NRH rehabilitation physician managing his/her Day Treatment Program.

E. Is not prevented by secondary diagnoses from participating in at least three hours of active treatment 3 or more days per week.

F. If nursing/aide support is needed during the treatment day, patient’s personal healthcare personnel must be able to accompany patient for feeding, toileting, medical management, etc.

G. Has adequate energy, endurance and skin tolerance to manage transportation and 3 consecutive hours of therapy.

H. Is a willing participant.

I. Is at least 16 years of age. Ages 13-16 will be considered on a case-by-case basis.