



MedStar National Rehabilitation Network

MedStar NRH Spinal Cord Injury Day Treatment Program

Admission Criteria

- A. Must have potential to benefit from further training in at least the first 2 items, and may also need items 3-6 below:
 1. Occupational Therapy needs such as:
 - Self-care skills (dressing, bathing, etc.)
 - Home management skills
 - Functional upper-extremity training
 - Adaptive equipment/DME training
 2. Physical Therapy needs such as:
 - Ambulation
 - Transfers
 - Wheelchair propulsion
 - Independence with functional activities
 3. Health management
 4. Community reintegration
 5. Vocational reintegration
 6. Psychosocial adjustment
- B. Is medically stable.
- C. Has reliable transportation to allow participation in the Day Program 3 or more days per week.
- D. If the patient has a primary care physician (PCP), the physician will agree to work with the assigned MedStar NRH rehabilitation physician managing his/her Day Treatment Program.
- E. Is not prevented by secondary diagnoses from participating in at least three hours of active treatment 3 or more days per week.
- F. If nursing/aide support is needed during the treatment day, patient's personal healthcare personnel must be able to accompany patient for feeding, toileting, medical management, etc.
- G. Has adequate energy, endurance and skin tolerance to manage transportation and 3 consecutive hours of therapy.
- H. Is a willing participant.
- I. Is at least 16 years of age. Ages 13-16 will be considered on a case-by-case basis.