At MedStar NRH, we focus on the whole person, helping patients reach the highest level of health and independence possible. Patients in our Spinal Cord Program benefit from our role as a teaching facility and our active research programs.

The Spinal Cord Program at MedStar NRH is fully credited by CARF.

As a patient with MedStar NRH, you may enter the Spinal Cord Program through our Outpatient/Day Treatment program or our inpatient program.

**Conditions we treat include:**
- Traumatic Spinal Cord injury
- Acute and Chronic Non-traumatic Spinal Cord injury and disease
- Postoperative spinal surgery
- Multiple Sclerosis
- Guillain Barre Syndrome
- Post Polio syndrome

Depending on the patient’s needs and goals, treatment may include occupational therapy, physical therapy, psychology and neuropsychology, rehabilitation engineering, social work, speech-language pathology, therapeutic recreation, and vocational rehabilitation.

**Specialty Programs**
- Ekso™ Exoskeleton
- Lokomat and ZeroG
- Adapted Sports and Fitness programs
- SCI Peer Mentor program
- Mobility Equipment Specialists (MedStar NRH/DME)
- Spasticity Clinic including intrathecal baclofen pump management

**Programs**
- Inpatient
- Outpatient
- Day Treatment

**Specialists**
- Pamela Ballard, MD  
  Medical Director, Spinal Cord Program
- Lorraine Vinci, PSYD  
  Co-Director Spinal Cord Program
- Suzanne Groah, MD  
  Director of SCI Research
- Camilo Castillo, MD  
  Attending Spinal Cord Program

**Outpatient Physicians**
- Richard Zorowitz, MD
- Esperanza Guillermety, MD

For more information about the Spinal Cord Program at MedStar NRH, please visit our website [MedStarNRH.org/SCI](http://MedStarNRH.org/SCI) or call:

For inpatient: 202-877-1152
For Outpatient and Day Treatment: 202-877-1945