



SCI Peer Mentor Program

The program has been re-established to bridge the disconnect in the psycho/social area and offer additional social and recreational support after discharge from rehabilitation.

Need a Peer Mentor?

If you or anyone you know has a spinal cord injury or disorder (SCI/D) and need assistance for adjusting to the changes in life, this program could be helpful for you. Even if you just need to talk through the challenges you face and share your experiences with someone who has faced the same obstacles, the peer mentor program could be the outlet you have been looking for.

We have trained peer mentors who have real life experience in dealing with a SCI/D and can provide great ideas, tips, and support for those who might be going through a life-altering change. We have been there, know it's not easy but there is a way to triumph.

For more information, contact Harsh Thakkar at harsh.v.thakkar@medstar.net or 202-877-1859.

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