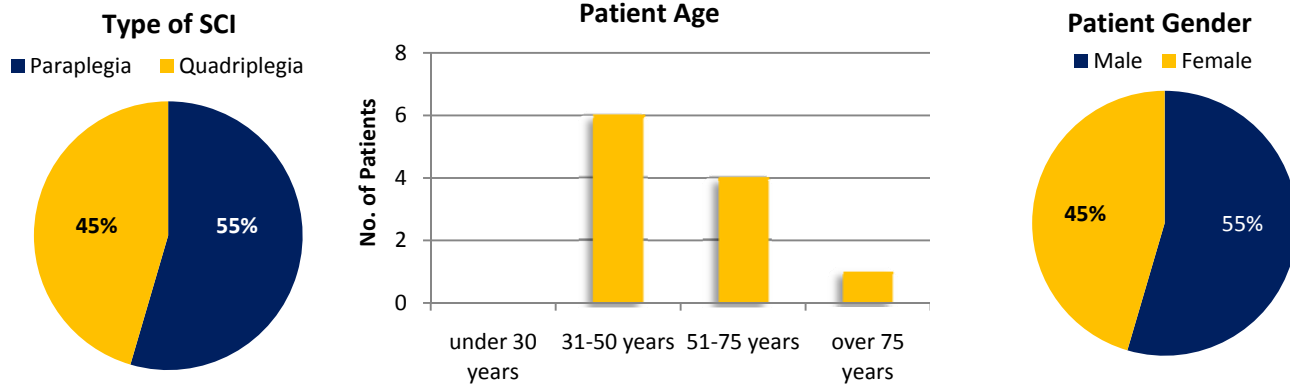


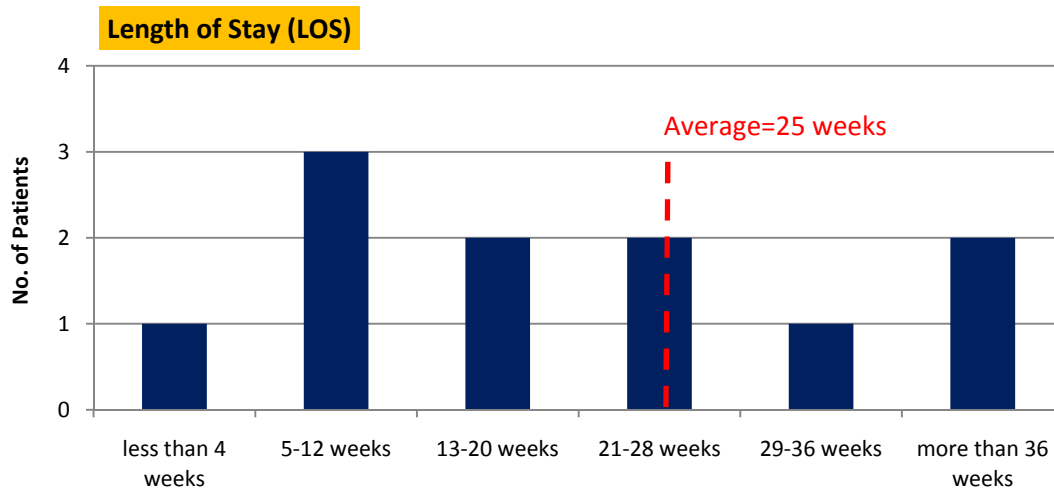
## Transitions SCI Day Treatment Program: 2015 Demographics and Outcomes

Between January-December 2015, 11 patients were discharged from the SCI Day Treatment Program. What did our patients look like?



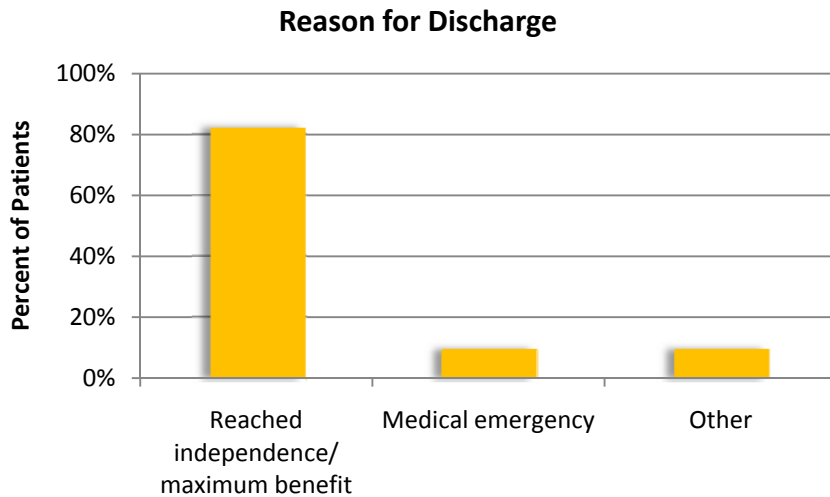
### How long did patients stay in the SCI Day Treatment Program?

Therapy sessions can last up to four hours a day, usually three days a week, as clinically appropriate. The average length of stay within the program was 25 weeks in 2015, and is determined by the Transitions interdisciplinary team, based on progress toward clinical goals.



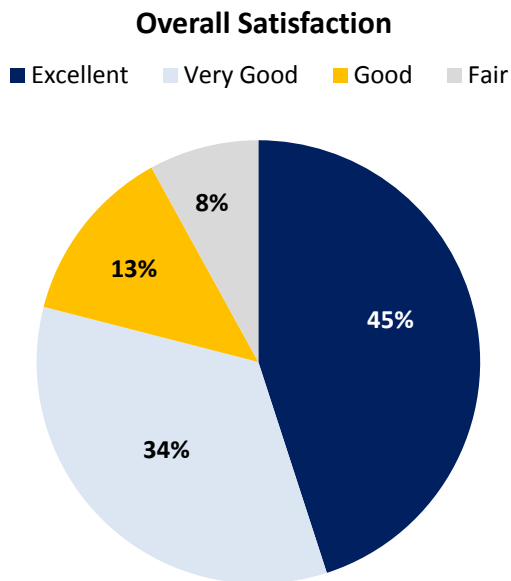
## How effective is the SCI Day Treatment Program?

Patients are discharged from the Day Program for a variety of reasons, some of which may not be under patients' control. However, the majority of patients are discharged because they have greatly benefitted from the program and reached a substantial level of independence.



## How satisfied were patients with the SCI Day Treatment Program?

Patients appear to be satisfied with the SCI Day Treatment Program.



Some of the most helpful aspects of the program, as reported by patients, include:

- ✓ *Knowledge of limitations of the body as it is now, and how to work with these limitations*
- ✓ *Becoming more independent through PT and OT*
- ✓ *Having contact & connections with other SCI people who have been through the program*
- ✓ *Getting stronger physically and emotionally*
- ✓ *Learning how to walk, and therapists continually encouraging me when I did not want to try*