

Urinary Symptom Questionnaire for Neurogenic Bladder-Void (USQNB-V)

Researcher: The USQNB-V is a validated measurement instrument designed to monitor urinary symptoms among individuals with neurogenic bladder who void. The symptoms within the categories below are exchangeable and each category is considered different. Those can be used as outcomes for inclusion/exclusion and monitoring symptoms.

ACTIONABLE

- Bladder spasms
- More difficulty ambulating (walking)
- Increase in spasticity (not bladder spasms)
- Sweating
- Felt feverish/like you had a fever
- Difficulty thinking, mental fogginess, forgetfulness
- Autonomic Dysreflexia (AD) ****Spinal Cord Injury ONLY****
- Multiple Sclerosis Flare-up (relapse, attack) ****Multiple Sclerosis ONLY****

_____ **Total "Actionable" Symptoms**

BLADDER

- Blood in urine
- Increased frequency of urination
- Urinary urgency
- Urge incontinence
- Sensation of urgency/empty bladder
- Small release of urine
- Inability to fully empty bladder
- Weak urine stream

_____ **Total "Bladder" Symptoms**

URINE QUALITY

- Cloudiness
- Dark urine
- Bad, foul, or stronger smelling urine

_____ **Total "Urine Quality" Symptoms**

CONSTITUTIONAL

- Malaise, feeling unwell
- Fatigue/Muscle weakness
- Chills
- Nausea
- Vomiting

_____ **Total "Constitutional" Symptoms**