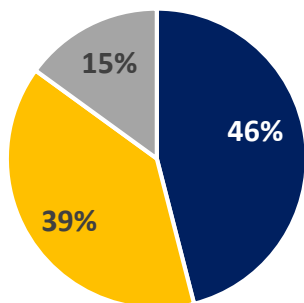




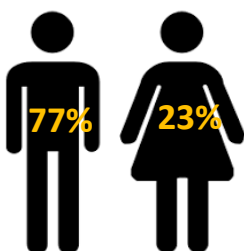
### 13 patients were discharged from the SCI Day Tx Program. What did our patients look like?

Type of SCI

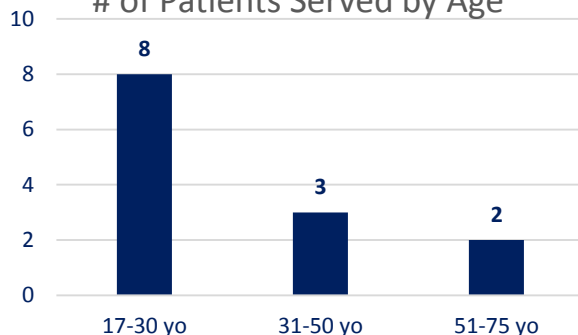


■ Paraplegia ■ Quadriplegia ■ Other

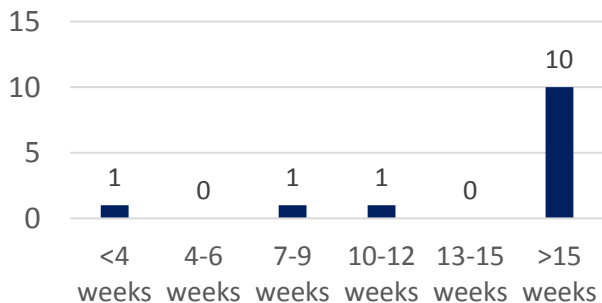
Gender



# of Patients Served by Age



### How long did patients stay in the SCI Day Treatment Program?



### How satisfied were patients with the SCI Day Treatment Program?



### How effective is the SCI Day Treatment Program?

Patients are discharged from the Day Treatment Program for a variety of reasons, some of which may not be under the patients' control. However, the majority of patients are discharged because they have greatly benefitted from the program and reached a substantial level of independence.

- ✓ 54% goals met
- ✓ 23% insurance limitations
- ✓ 23% other

### What aspects of the SCI Program have been most helpful with community re-entry post injury?

Improving mobility, gradual recovery, scheduled routine

"Overall environment. The skillset and encouragement of the therapists."

"The motivation of the staff gave me the courage and strength to try my best."

"I loved having the opportunity to work with multiple therapists. Each therapist has their own unique take on how to treat a patient."



## **Transitions Spinal Cord Injury (SCI) Day Treatment Program** Regain your Independence!

The “Transitions” Spinal Cord Injury/Disease Day Treatment Program for spinal cord injury and other conditions affecting the spinal cord is designed especially for people who are medically stable and able to live at home, but whose daily lives can be improved through organized, intensive outpatient therapy. The program uses a coordinated interdisciplinary team approach that offers opportunities to practice cognitive and physical skills in patients’ own communities with support from their therapists. The program focuses on successfully reintegrating people into their homes, communities, and/or jobs through comprehensive skilled therapy. During the program, individualized treatment plans are developed to help facilitate patients’ wheelchair /mobility function and wellness. Psychology services are available and address adjustment and barriers to maximum participation in the community. The program features, when appropriate, the area’s only fully equipped driving training program for persons with disabling injuries or illness.

### **Your Care Team May Include:**

- Physical Therapists (PT)
- Occupational Therapists (OT)
- Speech and Language Pathologists (SLP)
- Social Worker (SW)
- Neuropsychologist (NP)
- Other specialized rehabilitation professionals as appropriate

### **Length of Program:**

Therapy sessions can last up to four hours a day, usually three days a week, as clinically appropriate. The average length of stay is determined by the Transitions interdisciplinary team, based on progress toward clinical goals.

### **Location:**

The Transitions Spinal Cord Injury/Disease Day Treatment Program is only available at the MedStar National Rehabilitation Hospital, located in Washington, DC.