



Outpatient Rehabilitation Request for Services

To schedule an appointment, contact the location nearest to you.

Or visit MedStarHealth.org/PhysicalTherapy to request an initial appointment on-line.

Patient Name: _____ Date of Birth: ____/____/____
Day/Work Phone: _____ Cell Phone: _____
Diagnosis: _____
Goals/Comments/Special Instructions: _____
Follow-up Visit (with referring physician) _____/_____/_____

I certify the necessity of this treatment

Physician Signature _____ Date: _____ NPI # _____
Physician Name (print clearly) _____ Tax ID # _____
Office Phone: _____ Fax: _____ Email (if preferred contact method): _____

Physical Therapy

- Evaluate & Treat
Amputee Services
Aquatic Therapy
Back Education & Back School
Biofeedback
Electrical Stimulation/TENS
Energy Conservation
Falls Prevention
Flexibility
Functional Mobility
Gait Training
Home Exercise Program
Manual Therapy
Posture Training
Orthotics/Prosthetics
Orthotic Fabrication
Osteoarthritis (OA)
Surgery date ____/____/____
Stabilization: Lumbar/Cervico-Thoracic
Strengthening ROM
Traction: Cervical/Lumbar
Ultrasound/Phonophoresis
Vestibular/Balance Training
Other: _____

Special Services (PT/OT)**

- Evaluate & Treat
Breast Cancer Rehabilitation
Continance Program (bladder, bowel)
Concussion Services
Facial Palsy
LSVT BIG (PT/OT) for Movement Disorders
Lymphedema Management
Upper Lower
Pelvic Pain Rehabilitation
Other: _____

Hand Therapy (PT/OT)

- Evaluate & Treat
Splinting
dynamic static
forearm hand finger
flexion extension
ROM (Range of Motion)
AROM AAROM PROM
Strengthening
Other: _____

Occupational Therapy

- Evaluate & Treat
ADL/Self-Care
Assistive/Adaptive Equipment
Cognitive Skills Training
Electrical Stimulation
Energy Conservation/Joint Protection
Functional Mobility
Hand Therapy (see separate category)
Vision: Evaluate & Treat
Manual Therapy
Neuro Re-education
Perceptual Motor Skills Training
Strengthening ROM Dexterity
Splinting/Orthotic Fabrication/Training
Work/Community Skills
Other: _____

Speech/Language Pathology

- Evaluate & Treat
Language/Communication
Cognitive - Communication Treatment
Dysphagia-Bedside Swallowing Examination
Dysphagia-Modified Barium Swallow (MBS)
Dysphagia-FEES Swallowing Test**
LSVT LOUD for Movement Disorders
Voice
Voice Training Services
Augmentative/Alternative Communication
Articulation (Pediatrics)
Accent Modification
Patient/Family Education & Training
Other: _____

Psychology

- Behavioral Medicine And Pain Evaluations
Neuropsychological Evaluations
Relaxation Training/Stress Management
Sleep Hygiene Counseling
Therapy And Counseling For Adjustment to Illness/Injury And Pain
Other: _____

PM&R Services (Physician)

- Treatment Consultation
Cancer/Oncology Rehabilitation
Concussion Management
EMG/Nerve Conduction
Falls Prevention
Fluoroscopic Injection
Independent Medical Evaluation (IME)
Interventional Spine
Joint/Trigger Point Injection
Neurological Disorders
Osteopathic Manipulation (Bethesda, Irving St)
Regenerative Medicine (PRP, Other)
Second Opinion
Workers' Comp Evaluation & Treatment

LOCATIONS

- Bethesda
Chevy Chase
Good Samaritan Hospital/Balto
Irving Street
Lafayette Centre
McLean Sport & Spine
MedStar Georgetown University Hospital
MedStar Montgomery Medical Center

Additional Programs

- Acupuncture**
Aphasia Clinic (MD, SLP)*
Baclofen Pump Maintenance/Refills*
Concussion Clinic(MC/PSY)**
Driving Training Program (PT/OT/RE)**
Dry Needling**
Dysphagia-FEES Swallowing Test**
Fibromyalgia Management
Foot & Running Clinic**
Modified Barium Swallow*
Neurological/Stroke, TBI, SCI Day Treatment Program* (PT, OT, SLP, Psy)
Post-Polio Clinic* (PT, OT, SW, MD)
Rehab Engineering Assistive Technology*
Seating/Mobility/Wheelchair Clinic (PT/OT)**
Spinal Cord Injury Day Treatment Program*
Vocational Rehabilitation*
Other: _____

Please contact your insurance company to determine your plan's specific referral requirements.

*Irving Street/Main Hospital outpatient location only. **Services only offered at limited locations; please call location nearest you for assistance to find where offered.

WASHINGTON, DC

Irving Street - Hand Center

P 202-877-3322 F 202-204-5821

Irving Street – Neurorehabilitation Center

P 202-877-1760 F 202-829-2789

Irving Street – Orthopaedic Center

P 202-877-1566 F 202-877-1113

Irving Street – Physician Services

P 202-877-1621 F 202-877-2632

K Street, NW*

P 202-466-9719 F 202-466-9465

Lafayette Centre

P 202-416-2110 F 202-416-2011

19th Street, NW*

P 202-721-7680 F 202-955-7998

VIRGINIA

Alexandria

P 703-647-3110 F 703-822-9955

Ballston-Marymount

P 703-292-4060 F 703-292-4066

Lake Ridge

P 703-647-3130 F 703-490-6505

Lorton

P 703-647-3120 F 703-339-6352

McLean

P 703-288-8260 F 703-288-9316

Springfield - The St. James

P 703-256-2171 F 703-256-2172

MARYLAND

Anne Arundel County

Gambrills

P 443-645-3162 F 410-451-8151

Pasadena

P 410-590-8750 F 410-590-8755

Waugh Chapel

P 410-451-8150 F 410-451-8151

Baltimore City

Catonsville

P 410-737-8418 F 410-536-7127

Charles Village

P 410-554-2318 F 410-554-2316

Federal Hill

P 410-230-7830 F 410-230-7831

Loch Raven – Neurorehabilitation Center

P 443-444-5500 F 443-444-4607

Loch Raven – Orthopaedic and Hand Center

P 443-444-5757 F 443-444-5750

South Baltimore

P 410-350-8372 F 410-350-3821

Waverly

P 410-366-0791 F 410-366-0930

Baltimore County

Dundalk

P 410-650-2145 F 410-282-5955

Hunt Valley

P 410-472-2672 F 410-472-2673

Lutherville – Hand Center

P 410-823-4263 F 410-823-1861

Perry Hall

P 443-725-2150 F 443-725-2155

Pikesville

P 410-753-3317 F 410-753-3325

Rosedale – Neurorehabilitation Center

P 443-777-7750 F 443-777-8184

Rosedale – Orthopaedic and Hand Center

P 443-777-6766 F 443-777-6765

Timonium

P 410-512-5820 F 410-512-5859

Carroll County

Westminster

P 410-751-7930 F 410-751-7931

Charles County

Waldorf

P 301-893-2345 F 301-638-1783

Waldorf Pembroke Square

P 301-719-1146 F 301-645-5343

Harford County

Bel Air – Athletic Club

P 410-638-9400 F 410-638-9061

Bel Air – Neurorehabilitation and Pediatric Services

P 410-877-8078 (ext. 2) F 410-877-2061

Bel Air – Orthopaedic and Sports Center

P 410-877-8078 F 410-877-8079

Forest Hill

P 410-638-9400 F 410-638-9061

Howard County

Ellicott City

P 410-997-1063 F 410-997-1408

Montgomery County

Bethesda*

P 301-581-8030 F 301-581-8031

Chevy Chase-North*

P 301-986-4745 F 301-657-4678

Chevy Chase-South

P 301-215-4481 F 301-215-4488

Germantown*

P 301-916-8500 F 301-528-6258

Leisure World

P 301-438-6280 F 301-438-6281

Olney*

P 301-260-3280 F 301-260-3279

Rockville*

P 301-984-6594 F 301-984-7271

Wheaton*

P 301-962-7612 F 301-962-7782

Prince George's County

Brandywine

P 301-782-2250 F 301-782-2251

Clinton

P 301-719-1140 F 301-856-8215

Hyattsville

P 301-276-8840 F 301-276-8841

Mitchellville

P 301-390-3076 F 301-390-3725

Oxon Hill

P 301-839-0400 F 301-839-0130

St. Mary's County

Hollywood

P 301-373-2588 F 301-373-4558

(*) Centers marked with an asterisk are a joint service of MedStar National Rehabilitation Hospital and Suburban Hospital.