

## Urinary Symptom Questionnaire for Neurogenic Bladder-Indwelling Catheterization (USQNB-IDC)

**Researcher:** The USQNB-IDC is a validated measurement instrument designed to monitor urinary symptoms among individuals with neurogenic bladder who use indwelling catheterization. The symptoms within the categories below are exchangeable and each category is considered different. Those can be used as outcomes for inclusion/exclusion and monitoring symptoms.

### ACTIONABLE

- Autonomic Dysreflexia (AD)
- Felt feverish/like you had a fever
- Irritability, mental slowing/confusion
- Bladder discomfort or pain in suprapubic region
- Increased spasticity (not bladder spasms)
- Bladder spasms
- Sweating
- Flushing of the chest, neck or face

\_\_\_\_\_ **Total "Actionable" Symptoms**

### BLADDER

- Blood in urine
- Blood clots in urine
- Sensation of urinary urgency
- Urine leakage that isn't normal

\_\_\_\_\_ **Total "Bladder" Symptoms**

### URINE QUALITY

- Dark urine
- Cloudy urine
- Bad-smelling, stronger or fouler urine

\_\_\_\_\_ **Total "Urine Quality" Symptoms**

### CONSTITUTIONAL

- Discharge, redness or sensitivity around catheter site
- Increase or decrease from your usual blood pressure
- Diarrhea
- Numbness, tingling in your extremities
- Sense of burning in the extremities or throughout the body
- Fatigue/ lethargy
- Generalized abdominal discomfort or pain: bloating, pressure or cramping
- Back pain
- Pain more than usual below the level of injury

\_\_\_\_\_ **Total "Constitutional" Symptoms**