

PREVENTIVE CARE GUIDELINE FOR CHILDREN

Preventative Screening/Testing	Newborn, 3 to 5 days up to 2 months old	4, 6, 9, and 12 months old	15, 18, 24 and 30 months old	3 through 12 years old	13 through 20 years old
Physical Exam (includes height and weight)	✓	✓	✓	✓ Yearly	✓ Yearly
Hearing/Vision	✓	✓	✓	✓ Yearly	✓ Yearly
Measurements & Graphing: Head Circumference	✓	✓	✓	✓ Yearly	✓ Yearly
Health and Family Developmental History/ Psychosocial History	✓	✓	✓	✓ Yearly	✓ Yearly
Developmental Surveillance	✓	✓	✓	✓ Yearly	✓ Yearly
Mental Health/Behaviorial Assessment				✓ Yearly	✓ Yearly
Developmental Screening Tool		✓ (9 months)	✓ (18 months and 24-30 months)		
Substance Abuse Assessment				✓ (screen at age 12)	✓ Yearly
Blood Pressure				✓ Yearly	✓ Yearly
Screening for Hereditary/ Metabolic Disorders (State Law) PKU and sickle cell	✓ Complete both by 1 month old			Review sickle cell results, Test if negative results are not recorded in the chart.	
BMI			✓ (24 months)	✓ Yearly	✓ Yearly

PREVENTIVE CARE GUIDELINE FOR CHILDREN

Preventative Screening/Testing	Newborn, 3 to 5 days up to 2 months old	4, 6, 9, and 12 months old	15, 18, 24 and 30 months old	3 through 12 years old	13 through 20 years old
Lead Risk Assessment and/or Lead Blood Testing		✓ Assessment at each visit and blood test at 12 months old	✓ Assessment at each visit and blood test at 12 months old	✓ Screen yearly 3 through 6 years old and test 3 through 6 years old if not previously tested	
Tuberculosis Assessment (Test if needed)	✓ start at 1 month	✓ start at 6 months	✓ At 24 months	✓ Yearly	✓ Yearly
Heart Disease/Cholesterol (Test if needed)			✓ start at 24 months)	✓ Yearly	✓ Yearly
STD/HIV Assessment (Test if needed)				✓ Screen at age 12	✓ Screen yearly
Blood Test (Hct/Hgb) Anemia Test)		✓ At 12 months old	✓ At 24 months old	Screen yearly 3 through 6 years old	
Immunization History (see also immunization schedule)	✓	✓	✓	✓	✓
Age Appropriate Guidance/ Education Counseling/Referrals	✓	✓	✓	✓	✓

PREVENTIVE CARE GUIDELINE FOR CHILDREN

Preventative Screening/Testing	Newborn, 3 to 5 days up to 2 months old	4, 6, 9, and 12 months old	15, 18, 24 and 30 months old	3 through 12 years old	13 through 20 years old
Pelvic Exam/Pap Test					✓ If sexually active or 18 years old
Dental Exam/Education	✓	✓ start at 12 months	✓ Twice a year	✓ Twice a year	✓ Twice a year
Nutrition Assessment	✓	✓	✓	✓	✓
Autism Screening			✓ 18 and 24 months		

The above preventative care schedule should only be used as a guide. Your child's doctor will decide what is best for your child's health, so the above timeframes may change. Always check with your child's doctor if you have questions related to his or her healthcare.

(Adapted from the Maryland Department of Health and Mental Hygiene Guidelines)