



MedStar Family
Choice

Provider Alert
December 17, 2015
EPSDT Transmittal No. 37
Additions to Healthy Kids Preventative Health Schedule

Good Afternoon MedStar Family Choice Practitioners:

We want to encourage all participating providers/groups with MedStar Family Choice to read the following communication from the Maryland Department of Health and Mental Hygiene, DHMH, regarding Additions to the Healthy Kids Preventive Health Schedule, EPSDT Transmittal no. 37. While the source of this communication is from the DHMH regarding EPSDT, we hope all of the providers in our network will find the information beneficial.

Attachments:

EPSDT Transmittal No. 5, dated December 14, 2015
Healthy Kids Preventive Health Schedule



STATE OF MARYLAND

DHMH


Office of Health Services
Medical Care Programs

Maryland Department of Health and Mental Hygiene

Larry Hogan, Governor - Boyd Rutherford, Lt. Governor - Van Mitchell, Secretary

**MARYLAND MEDICAL ASSISTANCE PROGRAM
EPSDT Transmittal No. 37
Managed Care Organizations Transmittal No. 107
Local Health Departments Transmittal No. 4
Federally Qualified Health Centers Transmittal No. 5
December 14, 2015**

TO: EPSDT Healthy Kids Providers
Managed Care Organizations
Local Health Departments
Federally Qualified Health Centers

FROM: 
Susan J. Tucker, Executive Director
Office of Health Services

RE: Additions to Healthy Kids Preventive Health Schedule

NOTE: **Please ensure that appropriate staff members in your organization are informed of the contents of this transmittal**

The purpose of this transmittal is to inform providers about updates and new requirements to the 2016 Healthy Kids Preventive Health Schedule. The following requirements will become effective as of January 1, 2016. All of these requirements align with the standard of care recommended by the American Academy of Pediatrics' (AAP) *Bright Futures* program. (See attached Healthy Kids Schedule.)

Physical Exam Objective Assessments for Vision and Hearing

Effective January 1, 2016, the Department will require an objective assessment for vision and hearing at the well-child examinations for the additional ages of 3 years old, 8 years old, and 10 years old.

Depression Screening

Effective January 1, 2016, the Department will add the new requirement of an annual screening for Depression beginning at the age of 11. A recommended screening tool is the Patient Health Questionnaire (PHQ)-2 or other tools available in the GLAD-PC toolkit and at

http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Documents/MH_ScreeningChart.pdf.

Sexually Transmitted Infections (STIs) Risk Assessment

Effective January 1, 2016, the Department will require the annual risk assessment for STIs to be completed beginning at the age of 11 instead of the current age of 12.

Anemia Risk Assessment

Effective January 1, 2016, the Department will add the new requirement of an annual risk assessment for anemia beginning at the age of 11.

Substance Use Risk Assessment

Effective January 1, 2016, the Department will require the annual risk assessment for substance use to be completed beginning at the age of 11 instead of the current age of age of 12.

Dyslipidemia Lab Test

Effective January 1, 2016, the Department will add the new requirement of dyslipidemia lab tests. One test will be required between the ages of 9-11 and a second one between the ages of 18-21. See AAP endorsed 2011 guidelines from the National Heart Blood and Lung Institute, "Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents" http://www.nhlbi.nih.gov/guidelines/cvd_ped/index.htm.

The Preventive Screen Questionnaire is located in Appendix II of Section 7 of the Maryland Healthy Kids Provider Manual at [https://mmcp.dhmh.maryland.gov/epsdt/healthykids/Documents/Section_7/Appendix_2_Risk%20Assessment%20Forms/Preventive%20Screen%20Questionnaire_English_0815%20\(1\).pdf](https://mmcp.dhmh.maryland.gov/epsdt/healthykids/Documents/Section_7/Appendix_2_Risk%20Assessment%20Forms/Preventive%20Screen%20Questionnaire_English_0815%20(1).pdf).

If you have questions, please contact Lesa Watkins with the Healthy Kids program at (410) 767-1836 or lesa.watkins@maryland.gov.

Maryland Healthy Kids Preventive Health Schedule

Components	Infancy (months)			Early Childhood (months)						Late Childhood (yrs)						Adolescence (yrs)													
	Birth	3-5 d	1	2	4	6	9	12	15	18	24	30	36	48	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19/20
Health History and Development	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Medical and family history/update	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peri-natal history	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Psycho-social/environmental assessment/update	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Developmental Surveillance (Subjective)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Developmental Screening (Standard Tools) ¹				X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Autism Screening																													
Mental health/behavioral assessment															X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Substance abuse assessment																													
Depression Screening																													
Physical Exam																													
Systems exam	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vision/hearing assessments ²	O ²	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Oral/dentition assessment	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nutrition assessment	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Height and Weight	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Measurements and graphing:	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Head Circumference																													
BMI																													
Blood Pressure ³																													
Risk Assessments by Questionnaire																													
Lead assessment by questionnaire						X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tuberculosis *			X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Heart disease/cholesterol *										X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sexually transmitted infections (STI) *																													
Anemia *																													
Laboratory Tests																													
Hereditary/metabolic hemoglobinopathy	X																												
Blood lead Test							X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Anemia Hgb/Hct							X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dyslipidemia Test																													
Immunizations																													
History of immunizations	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vaccines given per schedule	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Health Education																													
Age-appropriate education/guidance	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Counsel/referral for identified problems	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dental education/referral																													
Scheduled return visit	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Key: X Required
 → Required if not previously done
 S Subjective by history/observation
 O Objective by standardized testing
 * Counseling/testing required when positive

The Schedule reflects minimum standards required for all Maryland Medicaid recipients from birth to 21 years of age. The Maryland Healthy Kids Program requires yearly preventive care visits between ages 3 years through 20 years. ¹Refer to AAP 2006 Policy Statement referenced in the Healthy Kids Program Manual. ²Screening required using standardized tools. ³Newborn Hearing Screen follow-up required for abnormal results. ⁴Blood Pressure measurement in infants and children with specific risk conditions should be performed at visits before age 3 years.