

# Maryland Healthy Kids Preventive Health Schedule

Components	Infancy (months)								Early Childhood (months)								Late Childhood (yrs)						Adolescence (yrs)					
	Birth	3-5 d	1	2	4	6	9	12	15	18	24	30	36	48	5	6	7	8	9	10	11	12	13	14	15	16	17	18
<b>Health History and Development</b>	X	X	X	→	→	→	→	X	→	→	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Medical and family history/update	X	X	X	→	→	→	→	X	→	→	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Perinatal history	X	X	X	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	→
Psycho-social/environmental assessment/update	X	X	X	→	→	→	→	X	→	→	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Developmental Surveillance (Subjective)		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Developmental Screening (Standard Tools) <sup>1</sup>							X	→	→	X	X	→																
Autism Screening											X	X	→															
Mental health/behavioral assessment													X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Substance use assessment																					X	X	X	X	X	X	X	X
Depression Screening																					X	X	X	X	X	X	X	X
<b>Physical Exam</b>																												
Systems exam	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vision/hearing assessments <sup>2</sup>	O <sup>2</sup>	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Oral/dentition assessment	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nutrition assessment	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Measurements and graphing:	Height and Weight	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
	Head Circumference	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
	BMI											X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Blood Pressure <sup>3</sup>													X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
<b>Risk Assessments by Questionnaire</b>																												
Lead assessment by questionnaire						X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tuberculosis *		X	→	→	→	→	X				X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Heart disease/cholesterol *											X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sexually transmitted infections (STI) *																					X	X	X	X	X	X	X	X
Anemia *																					X	X	X	X	X	X	X	X
<b>Laboratory Tests</b>																												
Hereditary/metabolic hemoglobinopathy	X		X	→																								
Blood lead Test								X	→	→	X	→	→	→	→													
Anemia Hgb/Hct								X	→	→	X	→	→	→	→													
Dyslipidemia Test																			X	→	→						X	→
<b>Immunizations</b>																												
History of immunizations	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vaccines given per schedule	X	→	→	X	X	X	→	X	X	X	→	→	→	→	→	→	→	→	→	→	X	X	→	→	→	→	→	→
<b>Health Education</b>																												
Age-appropriate education/guidance	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Counsel/referral for identified problems	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dental education/referral								X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Scheduled return visit	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
<b>Key :</b> X Required → Required if not previously done S Subjective by history /observation O Objective by standardized testing * Counseling/testing required when positive	<p>The Schedule reflects minimum standards required for all Maryland Medicaid recipients from birth to 21 years of age. The Maryland Healthy Kids Program requires yearly preventive care visits from birth through 20 years of age. <sup>1</sup>Refer to AAP 2006 Policy Statement referenced in the Healthy Kids Program Manual.-Screening required using standardized tools. <sup>2</sup>Newborn Hearing Screen follow-up required for abnormal results. <sup>3</sup>Blood Pressure measurement in infants and children with specific risk conditions should be performed at visits before age 3 years.</p>																											