

Preparing for Surgery

What are clear liquids?

- **Water**
- **Clear beef or chicken broth**
- **Clear juices (strained, no pulp)**
 - **Apple**
 - **White grape**
 - **Prune**
 - **Grapefruit**
 - **Cranberry**
 - **Tang**
 - **Hawaiian punch**
 - **Lemonade**
 - **Kool-Aid**
 - **Fruit flavored drinks**
- **Soda**
- **Tea**
- **Black coffee**
- **Popsicles (no cream or fruit pieces)**
- **Italian ice**
- **Jell-O (no fruit)**