



Instructions for Intravenous Pyelogram (IVP)

Below are the instructions for your scheduled IVP. Please read these instructions carefully. Should you have any questions, please call our office for assistance at **202-444-3400**.

The Department of Radiology is located on the ground floor of the Concentrated Care Center (CCC) Building of the hospital.

****ON THE DAY OF YOUR APPOINTMENT, PLEASE INFORM US IF YOU HAVE ANY ALLERGIES TO SHELLFISH OR IODINE CONTRAST AS WELL AS IF YOU HAVE ASTHMA****

The **day before** your X-ray appointment:

- Drink a bottle of citrate of magnesia (10 ounces) around 4 p.m. Citrate of magnesia is available over the counter.
- Drink plenty of water for the next several hours, but none after midnight.
- Have a light dinner (clear broth, toast, jello, ice sherbert, etc.)
- If you have not had a good bowel response to the citrate of magnesia by 8 p.m., take two tablets of Dulcolax® (bisacodyl). Dulcolax is available over the counter.

YOU SHOULD HAVE NOTHING TO EAT OR DRINK AFTER MIDNIGHT UNTIL AFTER THE PROCEDURE.

***Note: If you are a woman of childbearing age** (still having a menstrual cycle), this study should be performed during the first 10 days following the start of your menstrual cycle to minimize any possibility of harm to an embryo. **If there is any possibility you may be pregnant, please inform your referring physician.**