MedStar Georgetown University Hospital
Division of Pediatric Endocrinology
4200 Wisonsin Ave., N.W., 4th Floor, Washington, DC 20016
Main Phone #: 202-243-3560 Fax: 877-680-5507
Douglas Sobel, M.D. Evgenia Gourgari,M.D.
Arti P. Shah, M.D. Jenny Sapolsky, N.P.

BLOOD GLUCOSE LOG RECORD

PATIENT NAME: DOB:

Best Daytime Phone #:

Other Fax or Contact #:

	BREAKFAST (BK)/Desayuno					LUNCH (LN)/Almuerzo					DINNER (DN)/Cena					BEDTIME/Dormir			2 AM/OVERNIGHT		
Date	BG before BK	Humalog/Novolog	CHO	BG 2 Hr after BK	Comments/ Time	BG fefore LN	Humalog/Novolog	CHO	BG 2 Hr after LN	Comments/ Time	BG B efore DN	Humalog/Novolog	CHO	BG 2 Hr after DN	Comments/Time	BG fefore Bedtime	Humalog/Novolog	CHO	BG	Humalog/Novolog	CHO

BG = Blood Glucose/sugar: Glucosa en la sandre/Azücar

CHO = Total amount of carbohydrates/ Cantidad total de carbohidratos

Insulin to Carb Ratio (I:C) / Relación Insulina al Carbohidratos

Basalglar ( );
Lantus ( ); Levemir ( )Dose :
Humalog ( ); Admelog ( ) Dose

Time of Dose

Correction Factor:

Sliding Scale: above

NOTES: