

Welcome to ComfortCare...

Our ComfortCare program focuses on preventing addiction or maintaining your recovery through the surgical process while keeping you comfortable. By combining multiple non-opioid pain medicines and pain-reducing strategies the use of opioids can be decreased or eliminated. We will help you choose from the available options for managing pain so that you are guided safely and comfortably through the perioperative experience. Be assured that opioid pain medications will be readily available if needed. Ultimately, the goal is to move toward an opioid-free home environment with surgery behind you and a bright future ahead.

A foundation of our program is an approach called Integrative Medicine which puts the patient at the center and addresses the full range of physical, emotional, social, spiritual, and environmental influences affecting a person's health. It employs a personalized strategy for considering each patient's unique condition while selecting the most appropriate interventions from an array of scientific disciplines to maintain optimum health.

During your time at the hospital, we want to provide hospitality as well as safe and effective care. We hope you will feel like you are being treated as a friend or family. Those are not just words. They are an attitude. Thanks for allowing us to care for you.

Sincerely,

*Dr. Joe Myers
Director of ComfortCare
Department of Anesthesiology
MedStar Georgetown University Hospital*

