

UTERINE FIBROID EMBOLIZATION

A NONSURGICAL FIBROID FIX

WHAT ARE UTERINE FIBROIDS?

Uterine fibroids are noncancerous tumors that grow in the uterus. They are not usually dangerous, but their symptoms can be painful and disruptive.



Unpredictable cycles



Heavy menstrual bleeding



Frequent urge to use bathroom



Extreme pain



Impact on sex life

HOW ARE FIBROIDS TREATED?

MEDICAL



Watchful waiting



Medication

MINIMALLY INVASIVE MEDICINE



Uterine fibroid embolization (UFE)

SURGICAL



Myomectomy



Hysterectomy

WHAT IS UFE?

There are many options to treat uterine fibroids, but only interventional radiologists (IRs) perform UFE. Through a tiny incision in the wrist or groin, an interventional radiologist inserts a catheter that delivers particles to block the small blood vessels feeding each uterine fibroid, causing them to shrink and disappear.



HOW IS UFE DIFFERENT?



Same-day procedure



Shorter recovery time



Quick symptom relief



Unlikely to cause menopause



Preserves the uterus



Nonsurgical

IS UFE RIGHT FOR YOU? Figure out your fibroid fix.



Am I looking for fast symptom relief?



Would a shorter recovery time be better for my lifestyle?



Am I considering having children in the future?



Do I want to try to avoid going through early menopause?



Do I want to preserve my uterus?

If you answered "yes" to any of these questions, UFE might be right for you.

For more information on uterine fibroids and to find out if UFE is right for you, download our patient checklist at sirweb.org/fibroidfix.

The Society of Interventional Radiology is a nonprofit, professional medical society representing more than 7,000 practicing interventional radiology physicians, trainees, students, scientists and clinical associates, dedicated to improving patient care through the limitless potential of image-guided therapies.

