

Commonly Used Medications and Side Effects

DDAVP

Other Names: vasopressin, desmopressin

Side Effects: low sodium, seizure, decreased urination

Estrogen

Other Names: estradiol, Vivelle Dot

Side Effects: breast tenderness, vaginal bleeding, mood changes

Fludrocortisone

Other Names: Florinef

Side Effects: increased blood pressure, swelling, headache, rash, electrolyte abnormalities, muscle weakness, stomach pain

Growth Hormone

Other Names: Norditropin, Humatrope, Omnitrope, Saizen, Nutropin, Genotropin, and Zomacton

Side Effects: blurry vision, headaches, excessive urination or thirst, hip or knee pain, pain at injection site, bone or muscle pain

Hydrocortisone

Other Names: cortisol, prednisone, stress hormone, Cortef, Solu-Cortef

Side Effects: sleep problems, mood changes, appetite and/or weight changes, easy bruising, irritability

Insulin

Other Names: Lantus, Levemir, Tresiba, Basaglar, Novolog, Humalog, Apidra, Admelog, Fiasp

Side Effects: Low blood sugar, weight changes, irritation at injection site, skin thickening at injection site

Lupron

Other Names: Supprelin, leuprolide depot

Side Effects: weight gain, withdrawal bleeding in females

Metformin

Other Names: Glucophage, Riomet

Side Effects: abdominal pain, bloating, diarrhea, nausea, weight loss

Methimazole

Other Names: Tapazole

Side Effects: nausea, vomiting, upset stomach, rash, itching, muscle/joint pain, decreased white blood cells

Testosterone

Other Names: testosterone enanthate, testosterone cypionate

Side Effects: acne, hair loss, increased energy, voice changes, mood changes, increased sexual desire

Thyroid Hormone

Other Names: Synthroid, Levothyroxine, LT4, levoxyl

Side Effects usually occur only if dose is too high, and may include: anxiety, tremor, fast heartrate, appetite and/or weight changes, headache, insomnia

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