



MedStar Good Samaritan  
Hospital

# *Welcome to the* **Inpatient Rehabilitation Program**

*In partnership with*  
*MedStar National Rehabilitation Network*

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# High-Quality Inpatient Rehabilitation

The Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) is located at MedStar Good Samaritan Hospital. In partnership with MedStar National Rehabilitation Network, our program offers expert care by a specialized team. Since 1971, our high standards of quality care have earned the Inpatient Rehabilitation program accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF). In addition, this program has achieved CARF accreditation as a Stroke Specialty program since 2007.

CIIRP provides care for all kinds of patients, some with medically complex and disabling conditions, including, but not limited to, those caused by amputation, brain injury/neurological issues, cardiopulmonary problems, orthopaedic injury or surgery, spinal cord injury/dysfunction, and stroke.

Our mission is to bring quality to the lives of patients with physical limitations, adding life to years®. Our treatment team focuses on patients' capabilities rather than disabilities. This positive approach allows our rehabilitation professionals to help patients return to their highest levels of independence.

## **Our commitment is to:**

- Provide sound medical care.
- Restore mobility, self-care, bowel and bladder function, swallowing, communication, and psychosocial competence.
- Educate patients and family members.
- Promote preventative aspects of health management.
- Plan for post-hospitalization care and reintegrate patients into their communities.

Our clinical staff works together as an interdisciplinary team to design a personalized rehabilitation program for each patient. The team helps patients attain their highest level of functioning and independence.

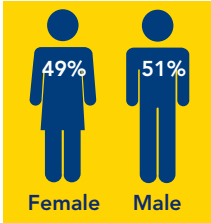
## **What will a typical day be like?**

- You will be busy.
- You will receive a daily schedule.
- You will be out of bed and involved in therapy, meals, and other activities as much as possible every day.
- During the fiscal year, which ended June 30, 2018, patients needing orthopaedic rehab received an average of 3.6 hours of therapy (physical therapy, occupational therapy, speech therapy) a day for a minimum of five days per week.
- Most patients participate in individual therapy with occasional group interaction.

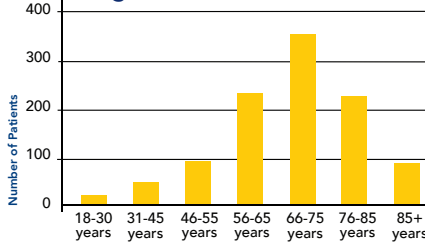
## A Year in Review

We cared for 1,082 patients during the fiscal year, which ended June 30, 2018. What did our patients look like?

### Patient Gender



### Patient Age



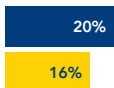
## Where do our patients go after MedStar Good Samaritan Hospital?



Home



Skilled Nursing Facility



Hospital



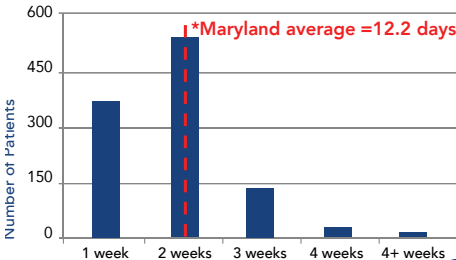
Other



■ % of MedStar Good Samaritan Hospital Rehabilitation Patients  
■ % of Rehabilitation Patients in Maryland

## How long did patients stay at MedStar Good Samaritan Hospital?

### Length of Stay

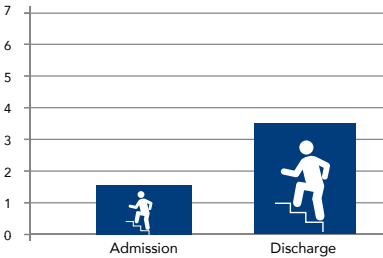


## How effective is our Inpatient Rehabilitation Program?

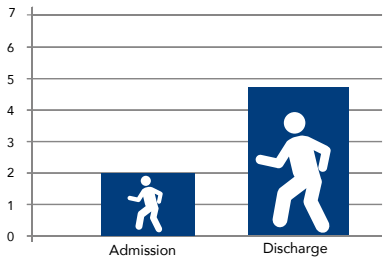
Gains are made by patients across all areas of functioning, such as eating, using the restroom, and bathing. On average patients demonstrated significant gains in going up and down stairs, and in walking or using a wheelchair.

Gains are measured with a standardized rehabilitation tool called the Functional Independence Measure (FIM™) on a scale of one (total assistance) to seven (complete independence).

### Gains in Going Up or Down Stairs



### Gains in Walking or Using a Wheelchair



## How satisfied were patients?

### Satisfaction With MedStar Good Samaritan Hospital Three Months After Discharge

1=Very Dissatisfied to 4=Very Satisfied

■ = MedStar Good Samaritan Hospital  
■ = National



## What if I have more questions?

Talk to your doctor, nurse, therapist, or any other team member if you have questions, concerns, comments, or feedback. Your team is available to help you. You have a right to ask questions about your care.

### For more information:

- Call the admissions office at **443-444-4701**
- Visit **MedStarGoodSam.org/InpatientRehab**

Inpatient Rehabilitation  
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Baltimore, MD 21239



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