



MedStar Good Samaritan
Hospital

Welcome to the **Amputee Program**

In partnership with
MedStar National Rehabilitation Network

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Chair, Physical Medicine and Rehabilitation

Amputee Rehabilitation Program

Recovering from an amputation takes hard work for the patient and caregivers. It takes time to adjust to the physical changes and to regain confidence in one's ability to accomplish everyday activities. The team at MedStar Good Samaritan Hospital's Comprehensive Integrated Inpatient Rehabilitation Program is committed to providing the physical and emotional support needed to help patients regain control of their lives.

The program includes:

- A highly skilled group of professionals who plan each patient's care under the direction of a rehabilitation physician (physiatrist) from MedStar National Rehabilitation Network.
- Therapies and activities, which are designed to improve each patient's functional skills, help him/her to adjust to the loss of a limb, and if appropriate, prepare him or her for fitting with an artificial limb.
- Expert care, which is coordinated by a case manager who helps the patient and his or her family understand the recovery process and consider the options as the patient progresses from inpatient care to home health care, outpatient rehabilitation, and/or community services.

Throughout recovery, patients may meet others recovering from amputations. We encourage patients to share experiences and strategies for adjustment and recovery.

Our clinical staff works together as an interdisciplinary team to design a personalized rehabilitation program for each patient. The team helps patients attain their highest level of functioning and independence.

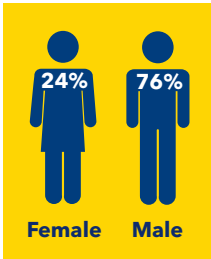
What is a typical day like?

- You will be busy.
- You will receive a daily schedule.
- You will be out of bed and involved in therapy, meals, and other activities as much as possible every day.
- During the fiscal year ended June 30, 2018, patients with an amputation received an average of 3.3 hours of therapy (physical therapy, occupational therapy) a day for a minimum of five days per week.
- Most patients participate in individual therapy with occasional group interaction.

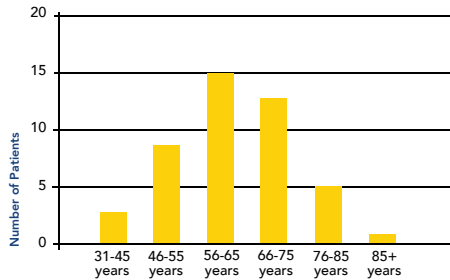
A Year in Review

We cared for 45 patients with an amputation during the fiscal year, which ended June 30, 2018. What did our patients look like?

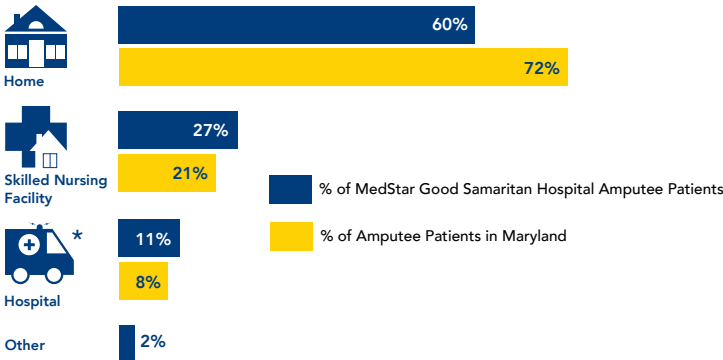
Patient Gender



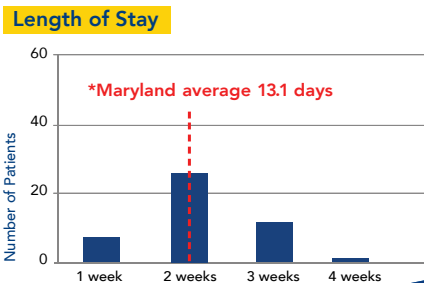
Patient Age



Where do our patients go after MedStar Good Samaritan Hospital?



How long did patients stay at MedStar Good Samaritan Hospital?

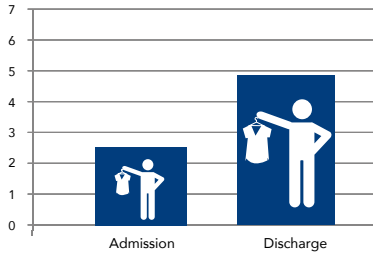


How effective is our Amputee Program?

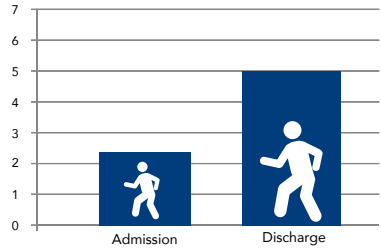
Gains are made by patients across all areas of functioning, such as eating, using the restroom, and bathing. For persons with an amputation, gains in getting dressed and walking or using a wheelchair were notable.

Gains are measured with a standardized rehabilitation tool called the Functional Independence Measure (FIM™) on a scale of one (total assistance) to seven (complete independence).

Gains in Getting Dressed



Gains in Walking or Using a Wheelchair



How satisfied were patients?

Satisfaction With MedStar Good Samaritan Hospital Three Months After Discharge

1=Very Dissatisfied to 4=Very Satisfied

■ = MedStar Good Samaritan Hospital
Amputation ■ = National Amputation



Unique program features

- Referrals to Adaptive Fitness Classes and Sports Program
- Personalized education and resources
- Access to local prosthetics company, Hanger
- Monthly support groups
- Animal-assisted therapy in partnership with Canine Companions for Independence

What if I have more questions?

Talk to your doctor, nurse, therapist, or any other team member if you have questions, concerns, comments, or feedback. Your team is available to help you. You have a right to ask questions about your care.

For more information:

- Call the admissions office at **443-444-4701**
- Visit **MedStarGoodSam.org/InpatientRehab**

Inpatient Rehabilitation
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