



MedStar Good Samaritan
Hospital

Welcome to the **Brain Injury and Neurology Program**

*In partnership with
MedStar National Rehabilitation Network*

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Chair, Physical Medicine and Rehabilitation

Brain Injury and Neurology Rehabilitation Program

The Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) team at MedStar Good Samaritan Hospital cares for individuals suffering disability following brain injury. The program also helps those with neurological conditions, such as multiple sclerosis acute flareup, Parkinsonism, polyneuropathy, and Guillain-Barre' syndrome. We have specialized staff, including physical medicine and rehabilitation physicians and psychologists, rehabilitation nurses, physical and occupational therapists, speech-language pathologists, social workers, and nurse case managers. The team is able to provide intensive rehabilitation and medical management, as well as guidance through the continuum of care, for patients with mild to moderate cognitive dysfunction.

This program is particularly well-suited for individuals who*:

- Need help with mobility and balance.
- Need help with activities of daily living.
- Need help with memory and thinking problems.
- Need help with swallowing and communication problems.
- Are able to follow directions and have the ability to learn and improve.

* *These criteria roughly correspond to Level VI of the Rancho Los Amigos Scale.*

Patients should generally be medically stable and able to participate in three hours of combined physical therapy with occupational therapy and or speech-language treatment five days a week or 15 hours over a seven-day period. They also should be able to meet their inpatient rehabilitation program goals in a reasonable time frame and have a viable discharge plan. Patients without significant agitation or other severe behavioral problems following brain injury are appropriate for CIIRP at MedStar Good Samaritan Hospital.

Our clinical staff works together as an interdisciplinary team to design a personalized rehabilitation program for each patient. The team helps patients attain their highest level of functioning and independence.

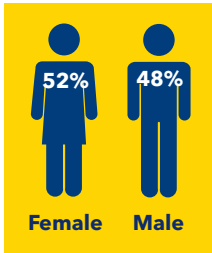
What will a typical day be like?

- You will be busy.
- You will receive a daily schedule.
- You will be out of bed and involved in therapy, meals, and other activities as much as possible every day.
- During the fiscal year, which ended June 30, 2018, patients in the program received an average of 3.6 hours of therapy (physical therapy, occupational therapy, speech therapy) a day for a minimum of five days per week.
- Most patients participate in individual therapy with occasional group interaction.

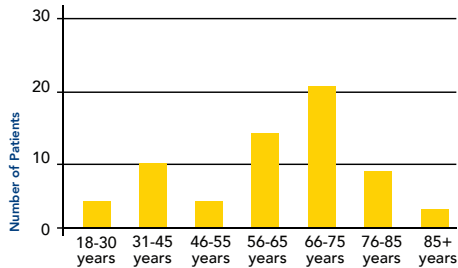
A Year in Review

We cared for 64 patients with brain injuries or neurological disorders during the fiscal year, which ended June 30, 2018. What did our patients look like?

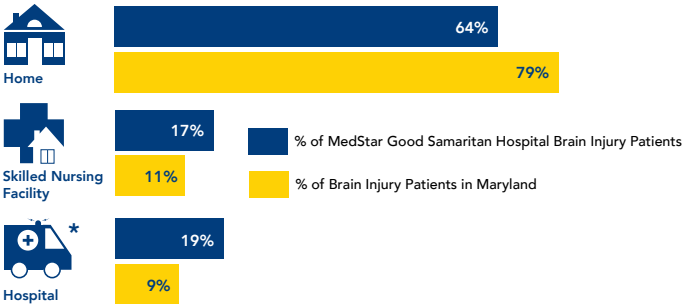
Patient Gender



Patient Age

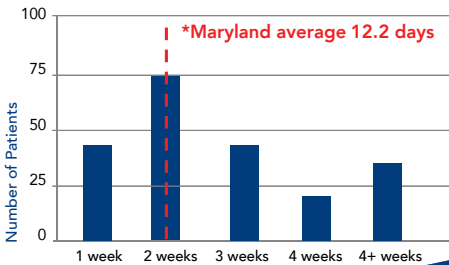


Where do our patients go after MedStar Good Samaritan Hospital?



How long did patients stay at MedStar Good Samaritan Hospital?

Length of Stay

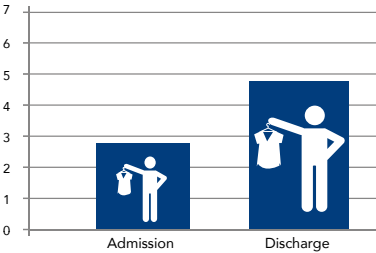


How effective is our Brain Injury and Neurology Program?

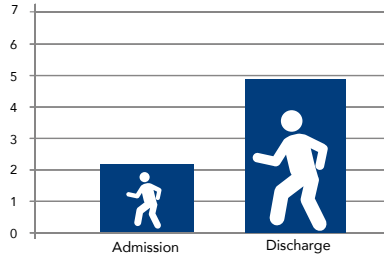
Gains are made by patients across all areas of functioning, such as eating, using the restroom, and bathing. For persons who have had a brain injury or suffer from a neurological disorder, notable gains were achieved in getting dressed and walking or using a wheelchair.

Gains are measured with a standardized rehabilitation tool called the Functional Independence Measure (FIM™) on a scale of one (total assistance) to seven (complete independence).

Gains in Getting Dressed



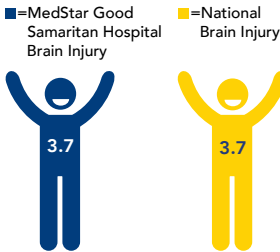
Gains in Walking or Using a Wheelchair



How satisfied were patients?

Satisfaction with MedStar Good Samaritan Hospital Three Months After Discharge

1=Very Dissatisfied to 4=Very Satisfied



What if I have more questions?

Talk to your doctor, nurse, therapist, or any other team member if you have questions, concerns, comments, or feedback. Your team is available to help you. You have a right to ask questions about your care.

For more information:

- Call the admissions office at **443-444-4701**
- Visit **MedStarGoodSam.org/InpatientRehab**

Inpatient Rehabilitation
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Baltimore, MD 21239