



MedStar Good Samaritan  
Hospital

# *Welcome to the* **Orthopaedics Rehabilitation Program**

*In partnership with  
MedStar National Rehabilitation Network*

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# Orthopaedics Rehabilitation Program

The Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP), located at MedStar Good Samaritan Hospital, provides a highly structured program for persons recovering from orthopaedic conditions and injuries, such as major multiple orthopaedic trauma, hip fracture surgery, or hip or knee joint replacement and arthritis, including osteoarthritis, rheumatoid arthritis, polymyositis, and lupus. A highly skilled group of professionals plans each patient's care under the direction of a rehabilitation physician (physiatrist) from MedStar National Rehabilitation Network.

For those undergoing elective joint replacement surgeries, pre-operative classes address modifications to the home environment, as well as postoperative assistive equipment needs. Therapies and activities are specifically designed to improve patients' functional skills, strength, endurance, and mobility.

Care is coordinated by a case manager, who helps the patient and his or her family understand the

recovery process and consider the options as the patient progresses from inpatient care to home health care, outpatient rehabilitation, and community services.

Our clinical staff works together as an interdisciplinary team to design a personalized rehabilitation program for each patient. The team helps patients attain their highest level of functioning and independence.

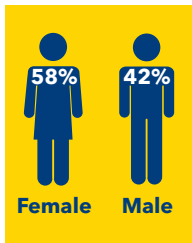
## What is a typical day like?

- You will be busy.
- You will receive a daily schedule.
- You will be out of bed and involved in therapy, meals, and other activities as much as possible every day.
- During the fiscal year, which ended June 30, 2018, patients needing orthopaedic rehab received an average of 3.5 hours of therapy (physical therapy, occupational therapy, speech therapy) a day for a minimum of five days per week.
- Most patients participate in individual therapy with occasional group interaction.

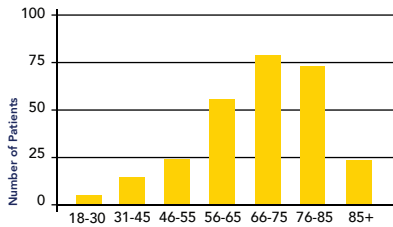
## A Year in Review

We cared for 284 orthopaedic patients during the fiscal year ended June 30, 2018. What did our patients look like?

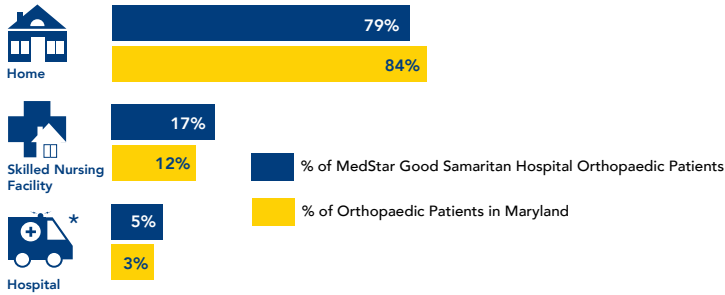
### Patient Gender



### Patient Age

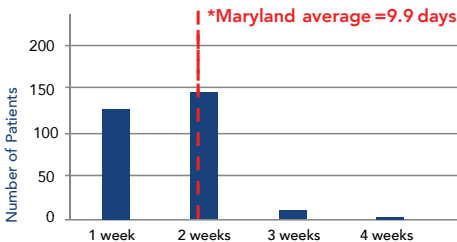


## Where do our patients go after MedStar Good Samaritan Hospital?



## How long did patients stay at MedStar Good Samaritan Hospital?

### Length of Stay

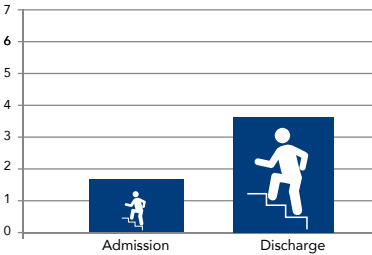


## How effective is our Orthopaedics Rehabilitation Program?

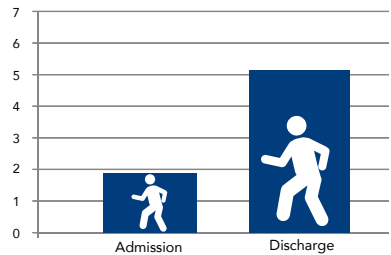
Gains are made by patients across all areas of functioning, such as eating, using the restroom, and bathing. For persons in orthopaedics rehab, notable gains were achieved in going up or down the stairs, and walking or using a wheelchair.

Gains are measured with a standardized rehabilitation tool called the Functional Independence Measure (FIM™) on a scale of one (total assistance) to seven (complete independence).

### Gains in Going Up or Down Stairs



### Gains in Walking or Using a Wheelchair



## How satisfied were patients?

### Satisfaction With MedStar Good Samaritan Hospital Three Months After Discharge

1=Very Dissatisfied to 4=Very Satisfied

■ = MedStar Good Samaritan Hospital Orthopaedics  
■ = National Orthopaedics



## What if I have more questions?

Talk to your doctor, nurse, therapist, or any other team member if you have questions, concerns, comments, or feedback. Your team is available to help you. You have a right to ask questions about your care.

### For more information:

- Call the admissions office at **443-444-4701**
- Visit **MedStarGoodSam.org/InpatientRehab**

Inpatient Rehabilitation  
5601 Loch Raven Blvd.  
Baltimore, MD 21239



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