

The Diabetes Care Program

Having diabetes doesn't mean giving up all of the things you love in life. How you choose to manage your condition and getting the proper type of care can make a world of difference. With help from our team of experts, you'll spend less time worrying about diabetes and more time enjoying life.

A team approach to your individual care

The experts at MedStar Good Samaritan Hospital have created a diabetes program that brings together all of the specialists you need for complete and personalized care in one location. We understand that diabetes affects your entire life. That's why you need a team of experts to help you every step of the way.

Your diabetes care team at MedStar Good Samaritan Hospital includes a:

- Board-certified endocrinologist
- Certified diabetes educator
- Registered dietitian

Your diabetes care team considers your lifestyle and overall health, and works with you to meet your needs. You'll learn about:

- The causes, symptoms and latest treatments for diabetes
- Meal planning for blood sugar control
- Wellness and regular follow-up care
- Self-monitoring of your blood glucose levels
- How to manage complications
- The latest information on medications
- The latest information on insulin pumps and continuous glucose monitors



Based on the plan of care that you and your diabetes team develop, you will also have access to other specialties conveniently located here on our campus:

- Podiatrist (foot care)
- Wound Healing Center with hyperbaric medicine
- Ophthalmologist (eye care)
- Psychotherapist (mental health)
- Social worker
- Fitness experts - If your doctor determines that exercise and weight loss would benefit you, personal trainers and clinical experts from our Good Health Center are already at hand to guide you to better health.

Your treatment plan and progress are reported back to your primary care physician, too. With a team of specialists like this behind you, you'll feel confident about the care you're getting.

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MedStar Good Samaritan
Hospital

The best care, all in one place

We want to make your diabetes health as easy as possible. Our team works together to help you see our providers during one visit, including any blood work or testing you may need.

Continued care for long-term health

In addition to your care team, MedStar Good Samaritan Hospital provides you with a wealth of resources that make life with diabetes so much easier. We offer educational classes and support groups that allow you to connect with others who are living life with diabetes. Sharing personal experiences and advice can go a long way toward supporting your good health.

In our program, you also benefit from the latest medical guidelines offered by the MedStar Diabetes Institute and the MedStar Health Research Institute. Our diabetes program meets the national standards for diabetes self-management education.

We accept most insurance plans; however, patients and their referring physicians are encouraged to verify insurance coverage for this type of service.



For a physician referral to the Diabetes Care program, call 443-444-4100.

Good numbers to know:

Good Health Center 443-444-GOOD (4663) **PHONE**
443-444-4884 **FAX**

Patient Information 443-444-4000 **PHONE**

Emergency Department 443-444-4040 **PHONE**

Physician Referral and Information 443-444-4100 **PHONE**

TTY (for hearing impaired) 410-323-1794 **PHONE**

MedStarGoodSam.org/Diabetes

5601 Loch Raven Blvd.
Baltimore, MD 21239
443-444-GOOD (4663) **PHONE**

Knowledge and Compassion
Focused on You