The Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP), located at MedStar Good Samaritan Hospital, provides a highly structured program for persons recovering from orthopaedic illnesses and injuries, such as major multiple orthopaedic trauma, hip fracture surgery, or hip or knee joint replacement and arthritis, including osteoarthritis, rheumatoid arthritis, polymyositis, and lupus.

A highly skilled group of professionals plans each patient’s care under the direction of a rehabilitation physician (physiatrist) from MedStar National Rehabilitation Network.

For those undergoing elective joint replacement surgeries, pre-operative classes address modifications to the home environment, as well as postoperative assistive equipment needs.

Therapies and activities are specifically designed to improve patients’ functional skills, strength, endurance, and mobility.

Care is coordinated by a case manager, who helps the patient and his/her family understand the recovery process and consider the options as the patient progresses from inpatient care to home health care, outpatient rehabilitation and/or community services.

For further information or to speak with one of our admissions liaisons, please call 443-444-4701.

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Orthopaedic Rehabilitation Goals

Our clinical staff works together as an interdisciplinary team to design a unique rehabilitation program for each patient. The team helps each patient reach his/her highest levels of functioning and independence.

Core goals of rehabilitation while a patient is staying in the ADL apartment are to:

- Utilize newly learned techniques and skills for functional activities
- Practice various techniques to compensate for physical, cognitive and communicative deficits
- Assess the patient’s ability to function, including self care, transfers and mobility
- Analyze and adjust the home environment to increase the patient’s independence
- Determine home equipment needs and arrange for further rehabilitation services and community resources, as needed
- Support the patient and his/her family as they learn to cope with the physical and cognitive limitations that often accompany release from the hospital

Referral and Admission

Prior to admission, patients who are referred to CIIRP are evaluated by a rehabilitation admissions liaison to determine if they can benefit from intensive rehabilitation services.

Specifically, patients should:

- Be medically stable and able to participate in and benefit from an intensive, structured rehabilitation program.
- Be limited in mobility, self care and/or the ability to function independently in a safe manner.

Insurance and Financial Arrangements

The admission process includes verifying insurance and obtaining precertification and authorization to treat prior to admission. In cases where insurance and personal resources are insufficient to meet anticipated expenses, we will provide financial counseling to patients and families.